



CONSOLATA SHRINE
22ND SUNDAY IN ORDINARY TIME
30TH AUGUST 2026



FIRST READING

Jeremiah 20:7-9

“The word of the Lord has become a reproach for me.”

A reading from the Book of Jeremiah

O LORD, you have deceived me, and I was deceived; you are stronger than I, and you have prevailed. I have become a laughingstock all the day; every one mocks me. For whenever I speak, I cry out, I shout, “Violence and destruction!” For the word of the LORD has become for me a reproach and derision all day long. If I say, “I will not mention him, or speak any more in his name,” there is in my heart as it were a burning fire shut up in my bones, and I am weary with holding it in, and I cannot.

The Word of the Lord.



RESPONSORIAL PSALM Psalm 63:2, 3-4, 5-6, 8-9
(R. see 2ab)

R. For you my soul is thirsting, O Lord, my God.

O God, you are my God; at dawn I seek you;
for you my soul is thirsting.
For you my flesh is pining,
like a dry, weary land without water. **R.**

I have come before you in the sanctuary,
to behold your strength and your glory.
Your loving mercy is better than life;
my lips will speak your praise. **R.**

I will bless you all my life;
in your name I will lift up my hands.
My soul shall be filled as with a banquet;
with joyful lips, my mouth shall praise you. **R.**

For you have been my strength;
in the shadow of your wings I rejoice.
My soul clings fast to you;
your right hand upholds me. **R.**

SECOND READING

Romans 12:1-2

“Present your bodies as a living sacrifice.”

A reading from the Letter of Saint Paul to the Romans



I appeal to you, brethren, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.

The word of the Lord

ALLELUIA



Alleluia

May the Father of our Lord Jesus Christ
enlighten the eyes of our hearts that we might
know what is the hope to which he has called us.

Alleluia.

See Ephesians 1:17-18



“If any man would come after me, let him deny himself.”

A reading from the holy Gospel according to Matthew

At that time:

Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him and began to rebuke him, saying, “God forbid, Lord!

This shall never happen to you.” But he

turned and said to Peter, “Get behind me, Satan! You are a hindrance to me; for you are not on the side of God, but of men.”

Then Jesus told his disciples, “If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it and whoever loses his life for my sake will find it. For what will it profit a man, if he gains the whole world and forfeits his life? Or what shall a man give in return for his life? For the Son of man is to come with his angels in the glory of his Father, and then he will repay every man for what he has done.”

The gospel of the Lord.



Reflection: For Your Life by Scott Hahn, Ph. D

Today's First Reading catches the prophet Jeremiah in a moment of weakness. His intimate lamentation contains some of the strongest language of doubt found in the Bible. Following God's call, he feels abandoned. Preaching His Word has brought him only derision and reproach. But God does not deceive—and Jeremiah knows this. God tests the just (see Jeremiah 20:11–12) and disciplines His children through their sufferings and trials (see Hebrews 12:5–7). What Jeremiah learns is what Jesus states explicitly in today's Gospel. To follow Him is to take up a cross, to deny yourself—your priorities, preferences, and comforts. It is to be willing to give it all up, even life itself, for the sake of His Gospel. As Paul says in today's Epistle, we have to join ourselves to the Passion of Christ, to offer our bodies—our whole beings—as living sacrifices to God. By His Cross, Jesus has shown us what Israel's sacrifices of animals were meant to teach: we owe to God all that we have. God's kindness is a greater good than life itself, as we sing in today's Psalm. The only thanks we can offer is our spiritual worship, giving our lives to the service of His will (see Hebrews 10:3–11; Psalm 50:14, 23). Peter doesn't yet get this in today's Gospel. As it was for Jeremiah, the cross is a stumbling block for Peter (see 1 Corinthians 1:23). This is our natural temptation, as well: to refuse to believe that our sufferings play a necessary part in God's plan. That's how people think, Jesus tells us today. But we are called to the renewal of our minds—to think as God thinks, to will what He wills. In the Mass, we once again offer ourselves as perfect and pleasing sacrifices of praise (see Hebrews 13:15). We bless Him as we live, confident that we will find our lives in losing them, that with the riches of His banquet our souls will be satisfied.

Announcements

1. The Novena to the Nativity of the Blessed Virgin Mary will conclude on Saturday 5th September 2026. Mass will be celebrated at 2.00pm. All are welcome to join us in prayer and thanksgiving as we conclude the Novena in honor of the Blessed Virgin Mary.
2. Next Sunday 6th September, we will have the blessing of your tithe and family. Kindly pick an envelope at the entrance of the Church.
 - Children's Mass will be at 9:00 a.m. There will be no Sunday school.
 - The Rosary will be prayed in front of the Blessed Sacrament after the 1.00 p.m Mass.
3. Couples preparing for marriage between November 2026 and February 2027 are invited to register for pre-marital sessions at the Catechist's office during the week.
4. The Christian Education Committee invites you to an interactive session on the Church doctrines (*topic: A wounded Marriage and Response to abuse, separation or divorce: Pathway to discern whether a valid marriage was established*), on Sunday 6th September at 9.30 am, in the Auditorium, Allamano Centre. All are welcome
5. In the month of September, Consolata Shrine joins Christians around the world in observing the season of creation, running from 1st September which is the World Day of Prayer for creation to 4th October, the Feast of St. Francis of Assisi. We invite all parishioners to a celebration to mark the beginning of the season of creation on 1st September during the 5.30pm Mass.
6. St. Gonzaga Gonza SCC invites all Parishioners, families and friends to a Zumba Fitness & Nutrition awareness event on Saturday 26th September 2026 from 10.00am onwards at Allamano Centre. For more information, kindly see the posters on the notice

board. Please scan the QR code to register or visit the desk in the blue tent outside the Church.

7. On Sunday 13th September, we shall have the honor of welcoming Bishop Peter Makau, Bishop of Isiolo to our Parish. Bishop Makau will celebrate the 9.00am and 11.00 am Masses. After the Masses, Bishop Makau will make an appeal in support of various pastoral and charitable activities in the Diocese of Isiolo. We encourage everyone to support the appeal as we contribute towards the growth and mission of the Diocese of Isiolo.

Banns for Priestly Ordination

The Consolata Missionaries have the pleasure to announce the Priestly Ordination of:

1. Deacon Vincent Peter Tibishubwamu, IMC (2nd Announcement)

Kindly visit the parish notice board for more information. If anyone has an objection, please notify the Father in -charge. The ordination will be held on 22nd October 2026 at Bikira Maria Consolata Parish, Kigamboni, Tanzania. All are welcome

PARISH WEBSITE: ; **PARISH E-MAIL:** info@consolatashrine.org;

communications@consolatashrine.org; **PARISH PRIEST'S E-MAIL:**

parishpriest@consolatashrine.org; Tithe Account No: 002215001004856 – ABC Bank: A/C

Name: Consolata Fathers –Shrine; Allamano Project Account No. 002215001004394.: ABC

Bank: Consolata Father-Shrine Project; **PARISH MPESA NUMBER:** 508702, Account: Reason for

payment; **ALLAMANO PROJECT MPESA NUMBER:** 804877;1 P.O. Box 14930 - Nairobi; Mass

Intentions (text messages): 0111376737 Bookshop: 0113681608; Parish office: 0722 615105