



**CONSOLATA SHRINE
SIXTH SUNDAY ORDINARY TIME
15TH FEBRUARY 2026**



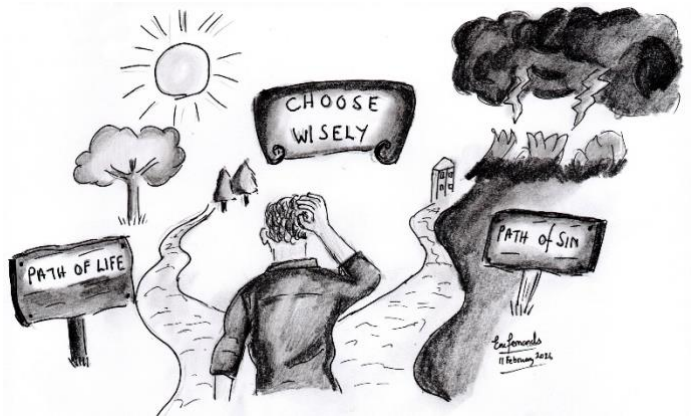
FIRST READING

Sirach 15: 15-20

"He has not commanded any one to be ungodly."

A reading from the Book of Sirach

If you will, you can
keep the
commandments, they
will save you; if you
trust in God, you too
shall live. He has
placed before you fire
and water: stretch
out your hand for
whichever you wish.



Before a man are life
and death, good and evil, and whichever he chooses will be given to
him. For great is the wisdom of the Lord; he is mighty in power and
sees everything. The eyes of the Lord are on those who fear him,
and he knows every deed of man. He has not commanded any one
to be ungodly, and he has not given any one permission to sin.

The Word of the Lord.

RESPONSORIAL PSALM

**Psalm 119: 1-2. 4-5. 17-18 .33-34
(R. 1b)**

R. *Blessed are those who walk in the law of the Lord!*

Blessed are those whose way is blameless,
 who walk in the law of the Lord!
Blessed are those who keep his decrees!
 With all their hearts they seek him. **R.**

You have laid down your precepts
 to be carefully kept.
May my ways be firm
 in keeping your statutes. **R.**

Deal bountifully with your servant,
 that I may live and keep your word.
Open my eyes, that I may see
 the wonders of your law. **R.**

Lord, teach me the way of your statutes,
 and I will keep them to the end.
Grant me insight that I may keep your law,
 and observe it wholeheartedly. **R.**

SECOND READING

1 Corinthians 2:6-10

“They wisdom of God which he decreed before the ages for our glorification.”

A reading from the Letter of Saint Paul to the Corinthians



Brethren: Among the mature we do impart wisdom, although it is not a wisdom of this age or of the rulers of this age, who are doomed to pass away. But we impart a secret and hidden wisdom of God, which God decreed before the ages for our glorification. None of the rulers of this age

understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, “What no eye has seen, nor ear heard, nor the heart of man conceived, what God has prepared for those who love him,” God has revealed to us through the Spirit. For the Spirit searches everything, even the depths of God.

The word of the Lord

ALLELUIA

Matthew 11:25

Alleluia

Blessed are you, Father, Lord of heaven and earth, that you have revealed to little ones the mysteries of the kingdom.

Alleluia.



GOSPEL

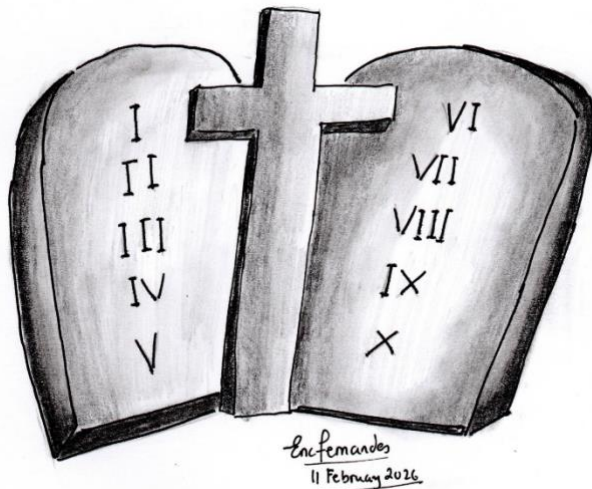
Matthew 5: 17-37

"You have heard that it was said to the men of old, but I say to you."

A reading from the holy Gospel according to Mathew

At that time: Jesus said to his disciples, "Do not think that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfil them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished.

Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven. *For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. "You have heard that it was said to the men of old, 'You shall not kill; and whoever kills shall be liable to judgement.' But I say to you that everyone who is angry with his brother shall be liable to judgement; whoever insults his brother shall be liable to the council,* and whoever says, 'You fool!' shall be liable to the hell of fire. So if you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift. Make



friends quickly with your accuser, while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison; truly, I say to you, you will never get out till you have paid the last penny. “You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman lustfully has already committed adultery with her in his heart.* If your right eye causes you to sin, pluck it out and throw it away; it is better that you lose one of your members than that your whole body be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better that you lose one of your members than that your whole body go into hell. It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that everyone who divorces his wife, except on the ground of unchastity, makes her an adulteress; and whoever marries a divorced woman commits adultery. * “Again you have heard that it was said to the men of old, ‘You shall not swear falsely, but shall perform to the Lord what you have sworn.’ But I say to you, do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black.* Let what you say be simply ‘Yes’ or ‘No’; anything more than this comes from the Evil One.”

The gospel of the Lord.

Reflection: Affair of the Heart by Scott Hahn, Ph. D

Jesus tells us in the Gospel this week that He has come not to abolish but to “fulfill” the Law of Moses and the teachings of the prophets. His Gospel reveals the deeper meaning and purpose of the Ten Commandments and the moral Law of the Old Testament. But His Gospel also transcends the Law. He demands a morality far greater than that accomplished by the most pious of Jews, the scribes and Pharisees. Outward observance of the Law is not enough. It is not enough that we do not murder, commit adultery, divorce, or lie. The

law of the New Covenant is a law that God writes on the heart (see Jeremiah 31:31–34). The heart is the seat of our motivations, the place from which our words and actions proceed (see Matthew 6:21; 15:18–20). Jesus this week calls us to train our hearts, to master our passions and emotions. And Jesus demands the full obedience of our hearts (see Romans 6:17). He calls us to love God with all our hearts and to do His will from the heart (see Matthew 22:37; Ephesians 6:6). God never demands more than what we are capable of doing. That is the message of this week's First Reading. It is up to us to choose life over death, to choose the waters of eternal life over the fires of ungodliness and sin. By His life, death, and Resurrection, Jesus has shown us that it is possible to keep His commandments. In Baptism, He has given us His Spirit, that His Law might be fulfilled in us (Romans 8:4). The wisdom of the Gospel surpasses all the wisdom of this age that is passing away, St. Paul tells us in the Epistle. The revelation of this wisdom fulfills God's plan from before all ages. Let us trust in this wisdom and live by His kingdom law. As we do in this week's Psalm, let us pray that we grow in being better able to live His Gospel and to seek the Father with all our heart.

Announcements

1. St. Jude SCC will animate the Rosary on Saturday 21st February, after the 5.00pm mass. All are welcome.
2. The Annual Mass for the World day of the sick, will take place today at 3.00pm. We are all encouraged to support our sick and elderly to come and receive the Sacrament of the Anointing of the sick.
3. This year's Lenten campaign contributions will go towards purchasing pews and kneelers for our elderly and physically challenged parishioners. We kindly invite you to support this project by picking an envelope from the blue boxes at the entrance of the Church.
4. The Archdiocese of Nairobi remains committed to foster unity with the Holy See and to support the mission of the universal church. In light of this, there will be a second collection on Ash Wednesday 18th February as part of a national appeal to promote Justice and Peace activities and express solidarity with

the less privileged. All are welcome to support this course.

5. St. Joseph Allamano Centenary Feast day Eucharistic celebration will take place on 28th February 2026 at the Consolata School, Westlands grounds, starting at 10.00am. The Main Celebrant will be His Excellency, Most Rev. Hubertus Matheus Maria Van Megan – Apostolic Nuncio to Kenya. The special Novena in preparation for the Centenary celebrations will begin on 19th February 2026. All are welcome
6. The '*Life in the Spirit*' Seminar continues today at the Parish hall at 2.00pm. For more information, kindly contact Grace on 0722609518.
7. The ongoing Divine Mercy Formation class will be held today starting at 2.00pm in room 3F, Allamano Centre. All are welcome
8. Bible study classes resume on Wednesday 25th February at 11.00am (Morning session) and 7.00pm (Evening Session) at the Children's hall, Allamano Centre. All are welcome
9. All Consolata Shrine and Deepsea Small Christian Communities (Jumuiyas) are recruiting new members. To join, Parishioners are invited to scan the QR code on the banners around the Church or visit the desk in the blue tent outside the Church for more information.

PARISH WEBSITE: www.consolatashrine.org; **PARISH E-MAIL:** info@consolatashrine.org; communications@consolatashrine.org; **PARISH PRIEST'S E-MAIL:** parishpriest@consolatashrine.org; **Tithe Account No:** 002215001004856 – ABC Bank: A/C Name: Consolata Fathers–Shrine; Allamano Project Account No. 002215001004394.: ABC Bank: Consolata Father-Shrine Project; **PARISH MPESA NUMBER:** 508702, Account Reason for payment; **ALLAMANO PROJECT MPESA NUMBER:** 804877; P.O. Box 14930 - Nairobi; Mass Intentions (text messages): 0111376737 Bookshop: 0113681608; Parish office: 0722 615105