



CONSOLATA SHRINE

THE SOLEMNITY OF THE MOST HOLY TRINITY SUNDAY⁴

26th May 2024



First Reading

Deuteronomy 4:32-34,39-40

“The Lord is God in heaven above and on the earth beneath; there is no other”.

A reading from the Book of Deuteronomy

Moses spoke to the people, saying, “Ask now of the days that are past, which were before you, since the day that God created man upon the earth, and ask from one end of heaven to the other, whether such a great thing as this has ever happened or was ever heard of. Did any people ever hear the voice of God speaking out of the midst of the fire, as you have heard, and still live? Or has God ever attempted to go and take a nation for himself from the midst of another nation, by trials, by signs, by wonders, and by war, by a mighty hand and an outstretched arm, and by great terrors, according to all that the Lord your God did for you in Egypt before your eyes? “Know therefore this day, and lay it to your heart, that the Lord is God in heaven above and on the earth beneath; there is no other. Therefore you shall keep his statutes and his commandments, which I command you this day, that it may go well with you, and with your children after you, and that you may prolong your days in the land which the Lord your God gives you for ever.”

RESPONSORIAL PSALM

33:4-6, 9, 18-20,22 (R.12b)

R. Blessed the people the Lord has chosen as his heritage.

The word of the Lord is faithful,
and all his works to be trusted.
The Lord loves justice and right,
and his merciful love fills the earth. **R**

By the word of the Lord the heavens were
made, by the breadth of his mouth all their
host. He spoke, and it came to be,
he commanded; it stood in place. **R**

Yes, the Lord’s eyes are on those who fear him,
who hope in his merciful love, to rescue their souls from death,
to keep them alive in famine. **R**

Our soul is waiting for the Lord. He is our help and our shield.
May your merciful love be upon us, as we hope in you, O Lord. **R**



SECOND READING

Romans 8:14-17

You have received the Spirit of sonship, in which we cry, "Abba! Father!"

A reading from the Letter of Saint Paul to the Romans

Brethren: All who are led by the Spirit of God are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received the spirit of sonship. When we cry, "Abba! Father!" it is the Spirit himself bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.



Alleluia, Alleluia

Glory be to the Father, and to the Son,
and to the Holy Spirit; to God who is, who was,
and who is to come. **Alleluia.**



GOSPEL

Matthew 28:16-20

"Baptise them in the name of the Father, and of the Son, and of the Holy Spirit."

A reading from the holy Gospel according to Matthew

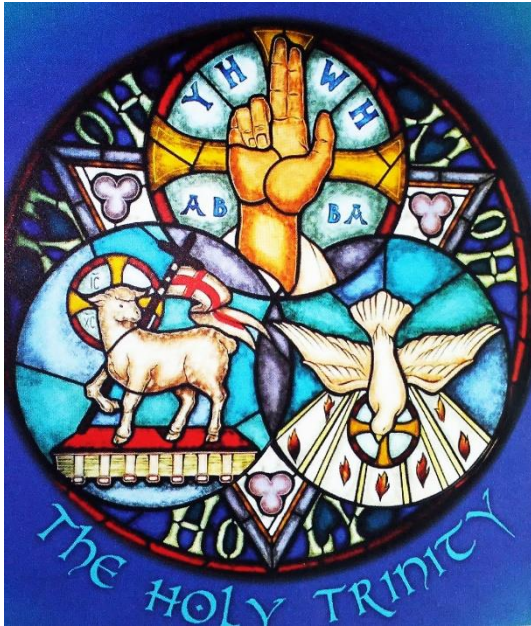
At that time: The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. And when they saw him they worshipped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations,



baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and behold, I am with you always, to the close of the age."

Reflection: Family of Love by Scott Hahn, Ph. D

Last Sunday, we celebrated the sending of the Spirit, which sealed God's new covenant and made a new creation. In this new creation, we live in the family of God, who has revealed Himself as a Trinity of love. We share in His divine nature through His Body and. This is the meaning of the three feasts that cap the Easter season—Pentecost, Trinity Sunday, and Corpus Christi. These feasts should be intimate reminders of how deeply God loves



us, how He chose us, from before the foundation of the world, to be His children. Today's readings illuminate how all God's words and works were meant to prepare for the revelation of the Trinity and God's blessing in Jesus Christ—the blessing we inherited in Baptism and renew in each Eucharist. By God's word the heavens and earth were filled with His kindness, we sing in today's Psalm. Out of love, God called Abraham and chose his descendants to be His own

people, Moses says in today's First Reading. Through the Israelites, He revealed to the nations that He alone is Lord and there is no other. In Jesus, God's word took flesh as a son of Abraham. And Jesus reveals in the Gospel today that the one God is Father, Son, and Spirit, and that He desires to make all people His own. As He led Israel out of Egypt, God freed us from slavery, Paul says in today's Epistle. As He adopted Israel, He gives us the Spirit by which we can know Him as "Our Father." As God's heirs, we receive the commissions of Moses and Jesus today. We are to fix our hearts on Him and to observe all that He has commanded. The Eucharist is His pledge—that He will be with us until the end, that He will deliver us from death to live forever in the promised land of His kingdom.

Announcements

1. Today is the last day of appealing for donations to help families affected by floods. Donations can be in the form of dry food, cooking oil, sugar, flour, monetary, or any other household items. Please not cloths, we have so far received excess cloths. Kindly drop them in the Parish office during the week. They will be taken on Thursday 30th to the Archdiocese of Nairobi Office for distribution.
2. Next Sunday 2nd June is Corpus Christi (Body & Blood of Christ), there will be a Solemn procession with Blessed Eucharist during 1 pm Mass. All are welcome.
- There will be a blessing of our tithe. Children's Mass will be at 9:00 am and there will be no Sunday school.
3. Couples planning to get married or solemnize their marriage are asked to register in the Catechist's office during the week.
4. The Christian Education Committee invites you to an interactive session about the Sacrament of Matrimony on 2nd June, at 9.30 am, at the Auditorium in the Allamano Centre. All are welcome.
5. The Consolata Shrine Professionals Group is organizing a FREE Education Technology (EduTech) clinic which will take place on 2nd June 2024 at the Allamano Auditorium from 11 am to 2 pm. You are welcome to bring your family and friends.
6. St Thomas Small Christian Community will animate the Rosary on Friday 31st (the feast of the Visitation of the Blessed Virgin Mary) after 5.30 pm and St. Anthony of Padua Small Christian Community will animate the Rosary next Saturday 1st June, after 5 pm Mass.
7. The Archdiocese of Nairobi invites all Catholic Teachers to celebrate Teachers Day on 8th June 2024 at St Mary's School Msongari from 8:00 am.
8. We thank God for the elevation of Bl. Joseph Allamano together with Bl. Carlo Acutis to the Sainthood. The canonization date will be communicated.
9. There will be a Charity Golf Tournament organized by KCCB to educate future priests in Seminaries for the Catholic Church at Limuru Country Golf Club on 7/6/2024. For more information, see the posters on the notice board.

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ABC Bank: A/C Name: Consolata Fathers –Shrine; Allamano Project Account No. 002215001004394.: ABC
Bank: Consolata Father-Shrine Project; **PARISH MPESA NUMBER:** 508702, Account Reason for payment;
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