

Reflection: Do Not Be Anxious by Ph.D. Scott Hahn

We are by nature prone to be anxious and troubled about many things. In Sunday's Gospel, Jesus confronts us with our most common fears. We are anxious mostly about how we will meet our material needs—for food and drink; for clothing; for security for tomorrow. Yet in seeking security and comfort, we may unwittingly be handing ourselves over to servitude to “mammon,” Jesus warns. “Mammon” is an Aramaic word that refers to money or possessions. Jesus is not condemning wealth. Nor is he saying that we shouldn't work to earn our daily bread or to make provisions for our future. It is a question of priorities and goals. What are we living for? Where is God in our lives? Jesus insists that we need only to have faith in God and to trust in his Providence. The readings this Sunday pose a challenge to us. Do we really believe that God cares for us, that he alone can provide for all our needs? Do we believe that he loves us more than a mother loves the infant at her breast, as God himself promises in this week's beautiful First Reading? Do we really trust that he is our rock and salvation, as we sing in the Psalm? Jesus calls us to an intense realism about our lives. For all our worrying, none of us change the span of our days. None of us has anything that we have not received as a gift from God. St. Paul reminds us in the Epistle that when the Lord comes he will disclose the purposes of every heart. We cannot serve both God and mammon. We must choose one or the other. Our faith cannot be partial. We must put our confidence in him and not be shaken by anxiety. Let us resolve today to seek his Kingdom and his holiness before all else—confident that we are beloved sons and daughters, and that our Father in heaven will never forsake us.



COYREB shop HURRY HURRY before the stock run out. All are welcome to support the Initiative of the youth and the needy. The shop is located at the Parish Office. Open on Monday to Saturday.

DAILY READINGS

Monday: Sir 17:24-29; Ps 32; Mk 10:17-27
Tuesday: Sir 35:1-12; Ps 50; Mk 10:28-31
Wednesday: Jl 2:12-18; Ps 51; Mt 6:1-6.16-18
Thursday: Dt 30:15-20; Ps 1; Lk 9:22-25
Friday: Is 58:1-9; Ps 51; Mt 9: 14-15
Saturday: Is 58:9-14; Ps 86; Lk 5:27-32

Schedules for Masses:

Sunday: 7.30 am Kiswahili
9.00 am; 10.30 am; 12.00 noon & 5.30 pm English
Saturday: English 7.00 a.m; 9.00 am & 5.30 pm
Monday to Friday: English 7:00 am & 1.15 am
5.30 pm Kiswahili

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CONSOLATA SHRINE Eighth Sunday in Ordinary Time

26th February 2017



FIRST READING

“Yet I will not forget you.”

A reading from the Book of Isaiah

Zion said, “The Lord has forsaken me, my Lord has forgotten me.” “Can a woman forget her sucking child, that she should have no compassion on the son of her womb?” Even these may forget, yet I will not forget you.

Isaiah 49:14-15

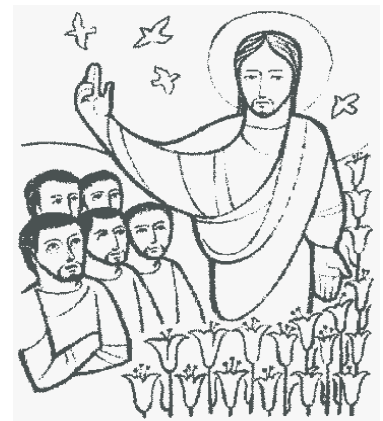
RESPONSORIAL PSALM

R. In God alone be at rest my soul

In God alone is my soul at rest;
my salvation comes from him.
He alone is my rock, my salvation,
my fortress; never shall I falter. **R**

In God alone be at rest, my soul,
for my hope is from him,
He alone is my rock, my salvation,
my fortress; never shall I falter. **R**

In God is my salvation and glory,
my rock of strength; in God is my refuge.
Trust him at all times, O people.
Pour out your hearts before him. **R**



Psalm 62:2-3.6-9 (R 6a)

SECOND READING

“The Lord will bring to light the things now hidden in darkness”

A reading from the first Letter of Saint Paul to the Corinthians
Brethren: This is how one should regard us, as servants of Christ and stewards of the mysteries of God. Moreover, it is required of stewards that they be found trustworthy. But with me it is a very small thing that I should be judged by you or by any human court. do not even judge myself. I am not aware of anything against myself, but I am not thereby acquitted. It is the Lord who judges me. Therefore, do not pronounce judgment before the time, before the Lord comes, who will bring to light the things now hidden in darkness and will disclose the purposes of the heart. Then every man will receive his commendation from God.

1 Corinthians 4:1-5



ALLELUIA

*The word of the Lord is living and active,
discerning the thoughts and intentions of the heart.*

ALLELUIA



Gospel

“Do not be anxious about tomorrow.”

Matthew 6:24-34

A reading from the holy Gospel according to Matthew

At that time: Jesus said to his disciples, “No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. “Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet, I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? Therefore, do not be anxious saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first his kingdom and his righteousness and all these things shall be yours as well. Therefore, do not be anxious about tomorrow, for tomorrow will be anxious for itself. Let the day’s own trouble be sufficient for the day.”

PRAYER FOR THE ALLAMANO CENTRE

I lift up my eyes to the mountains: from where shall come my help? My help shall come from the Lord who made heaven and earth. (Ps 121:1)

All-powerful and all-merciful father, you have created all things through your Son and have made him the unshakable foundation of your kingdom.

Through the gift of your eternal wisdom, grant that the undertaking we begin today for your glory and the benefit of the Parish may progress day by day to its successful completion. May the Allamano Centre be the expression of our faith and of our missionary zeal to reach more people and in a better way.

We ask this through Christ our Lord. Amen.

Our Lay Consolata, pray for us! Blessed Joseph Allamano, pray for Us!

ANNOUNCEMENTS

1. Today the Homeless of Nairobi are polishing shoes outside the Church. Support them in this venture of making a living for themselves.
2. Next Wednesday 1st March is Ash Wednesday, the beginning of the Lent Season. Masses with imposition of ashes will be as follows: 7am, 10am, 1.15pm, 3pm and 6pm. Ashes will also be imposed during all Masses on next Sunday for those who were not able to attend Mass on Ash Wednesday. During Ash Wednesday the collection is mandatory by the Archdiocese for Justice & Peace. Ash Wednesday is a day of Fasting and Abstinence.
3. Next Friday we celebrate the Way of the Cross after the 1.15mass and at 4.00pm at the Prayer Garden; and another in the Church after the 5.30pm Mass. Please keep in mind that every Friday during lent is a day of Prayer and Abstinence.
4. Next Friday is the first Friday of the Month. Night Vigil will start at 9.00pm and end up with a holy Mass at 5am.
5. Next Saturday there is the Marathon Rosary in the Prayer Garden to pray for the families and peace in the country from 10 am up to 5pm.
6. Next Sunday there will be a second collection of St Vincent de Paul to assist the needy of the parish.
7. Next Sunday also after the 12 o'clock Mass we shall have the Eucharistic Rosary prayed before the Blessed Sacrament.
8. We are closing the registration for the pilgrimage to the Holy Land. Please approach the parish office for more details.
9. Our Cardinal John Njue is asking for donation of funds and food to assist those who are suffering of famine due to the drought. We appeal to your generosity to answer to this appeal. You can bring it to the parish office in the course of the week. For more information, you can read his letter outside the Church.

Weekly Meeting

- Communication Committee on Monday 27th, at 6.15pm

Keep the joy of loving God in your heart and share this joy with all you meet especially your family. Be holy – let us pray- *St. Theresa of Calcutta*

