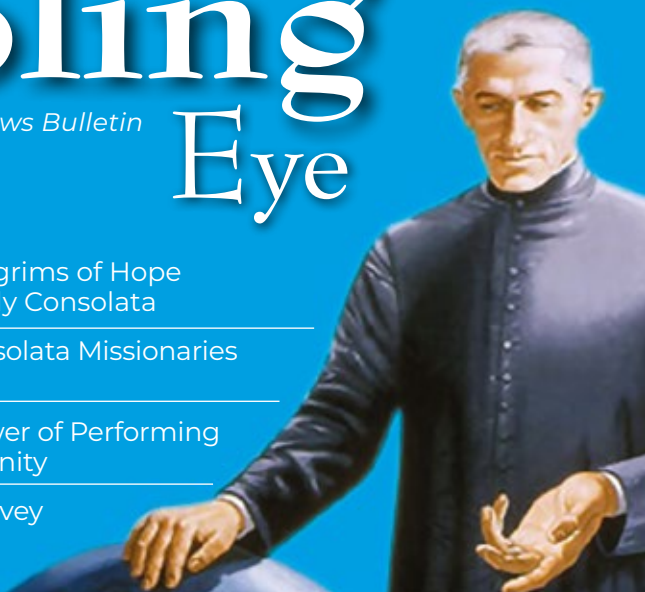


September - November 2025

# The Consoling Eye

*The Consolata Shrine Parish Quarterly News Bulletin*

- 02** Journeying Together as Pilgrims of Hope Under the Steps of Our Lady Consolata
- 15** Ordained to Serve: Ten Consolata Missionaries Embrace the Diaconate
- 28** Celebrating Talent: The Power of Performing Arts in Our Church Community
- 34** Consolata Shrine Parish Survey Strategic Plan 2025–2030



## Tuthu the Cradle of Consolata Missionaries in Kenya



Tuthu Marian Chapel in Tuthu, Muranga, shaped like a tree stump in honor of the first Consolata Missionaries in Kenya, who celebrated Mass under the historic Mugumo tree. Built in the tree's memory, the chapel continues to welcome the faithful today



# Journeying Together as Pilgrims of Hope Under the Steps of Our Lady Consolata

*Dear parishioners, brothers and sisters in Christ,*

Our faith is, at its heart, a pilgrimage – a journey walked together, guided by the gentle hand of God and sustained by the maternal care of Our Lady. At Consolata Shrine, this year's theme, *Journeying Together as Pilgrims of Hope under the Steps of Our Lady Consolata*, has been more than words; it has been a lived reality. Our communal walk of faith unfolds daily – in prayer, the sacraments, family life, youth engagement, formation programs, and missionary outreach.

Pilgrimage reminds us that as a people of faith, we are “on the way” – never stationary but always moving forward. Pope Francis beautifully captures this spirit when he says, “Christian hope is a humble and strong virtue that walks with perseverance.” With this hope, we take each step hand in hand, building a vibrant community grounded in faith, hope, and love.

## Mid-Year Family Day: Celebrating Unity



**His Lordship Bishop David Kamau, the Auxiliary Bishop of the Archdiocese of Nairobi who was the main celebrant during last year's Consolata Shrine Family Day, which also marked the Feast of Our Lady Consolata**

On 6th July, our parish came together for the Mid-Year Family Day, graced by Bishop David Kamau, Auxiliary Bishop of the Archdiocese of Nairobi, and our Consolata Missionaries Regional Superior, Fr. Zack Kariuki, IMC. It was a day marked by joy, unity and fraternity as families celebrated their shared faith.

This gathering reminded us that the Church is truly a “Family of Families,” where all find a home. Through the Eucharist, games, cultural activities, and shared meals, the bonds that unite us were strengthened. Bishop Kamau's words



**The Catholic Women's Association (CWA) and the Catholic Men's Association (CMA) carry the icon of Our Lady Consolata during the Eucharistic procession for the Feast of Our Lady Consolata, celebrated last July.**

resonated deeply: families are the domestic Church, a living school of faith and love.

## Youth Dinner: “Once a Youth”

On 1st August, our youth hosted a vibrant and memorable dinner themed “Once a Youth,” with nostalgic music and attire. The evening brimmed with laughter, dancing, and reflection – a joyous celebration of the energy and creativity youth bring to our Church.

Youth are not only the future but the present of the Church. As Pope Francis reminds us in *Christus Vivit*, “Young people are the now of God.” Our young people's talents and enthusiasm enliven our community, inspiring us all.

## Continuous Formation: Growing in Faith Together

Ongoing formation remains a cornerstone of parish life. This year, vibrant programs have flourished across all groups:

- Catholic Women Association (CWA) and Catholic Men Association (CMA) continue to deepen their spiritual and social ministries.
- The Missionary Youth Movement (MYM), PMC, and the Altar Servers' August Holiday Seminars nurture the next generation.
- Catechesis provides a strong foundation for sacramental preparation.
- CJPD animates faith with a focus on justice and peace.
- Christian Formation groups and Small Christian Communities (SCCs) remain the heartbeat of our parish, ensuring no one journeys alone in faith.

These initiatives echo Pope Leo XIII's wisdom: “The future of society is in the family; and the future of the family is in the young, educated in faith.”

## Sacraments: Signs of Grace on Our Pilgrimage

Our monthly celebrations of Baptism and Matrimony bring new life and joy. Each baptism welcomes a new pilgrim on the journey of faith, while every marriage witnesses a covenant love mirroring Christ's union with the Church.

This sacramental rhythm sustains us, reminding us continually that God accompanies His people every step of the way.

## Prayer and Devotion: Our Marian Path

The increase of visitors to our Adoration Chapel speaks to a deepening devotion to the Eucharist, the heart of our parish. Equally inspiring are the candlelit rosaries in the Prayer Garden during the nine-week novena for the Nativity of the Blessed Virgin Mary. The image of hundreds praying together under the stars, candles glowing in hand, beautifully testifies to our living Marian devotion.

We look forward with joy to our Feast Day on 13th September, when Bishop Emeritus Anthony Mukobo, IMC, of the Diocese of Isiolo will grace us with his presence.

## A Time of Transitions and Vocations

This season has also brought change and hope. We bid farewell to Fr. Joakim Kamau, who, after over six years of devoted missionary service here, has been appointed Parish Priest at Mary Mother of God Parish. His leadership and zeal have left an indelible mark.



**The outgoing Assistant Parish Priest, Fr. Joakim Kamau has been appointed Parish Priest to serve at the Mary Mother of God Parish, Cithurai, Nairobi. We wish him God's abundant blessings and graces as he shepherds the new parish community.**

We also rejoice in the diaconate ordinations of seminarians Vincent and Anthony on 8th August, a powerful sign that vocations continue to flourish. Bishop Jackson Murugara IMC, Coadjutor Bishop of Meru, ministered the ordinations, reminding us of the Lord's ongoing work in our midst.

Our parish was also well represented at the Archdiocesan Family Day on 9th August, underscoring our solidarity within the wider Church.



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*Lord's ongoing work in our midst.*



**Fr. Gumersindo Ruiz Manzanedo Turns 82 – A Life of Tireless Mission**

In August 2025, **Fr. Gumersindo Ruiz Manzanedo**, fondly known as **Fr. Abraham**, celebrated his **82nd birthday** – a milestone in a life devoted to missionary service and priestly ministry.

Seen here with a birthday cake generously donated by well-wishers, Fr. Abraham was surrounded by love and gratitude from the parish community he continues to serve so faithfully.

We thank God for the gift of his life, his unwavering dedication as a **missionary and parish confessor**, and the countless hearts he has touched over the decades. Let us continue to hold Fr. Abraham in our prayers – may the Lord bless him with strength, joy and peace as he continues his humble and inspiring journey of faith.



» **Moving Forward**

As we journey onward, important events beckon:

- **30th August – Tuthu Pilgrimage:** This historic pilgrimage to the cradle mission of the Consolata Missionaries invites us to renew our missionary identity. Bishop Emeritus Virgilio Pante, IMC, will grace the event.
- **27th–28th September – Medical Camp:** Our Parish Professional Committee will host a free medical outreach for Deep Sea and Shrine communities.
- **October – Missionary Month:** Kicking off with the National Pilgrimage to Subukia Marian Shrine and culminating in the First Anniversary of the Canonisation of St. Joseph Allamano on 20th October.
- **November:** A month dedicated to prayers for the departed, reflecting our communion of saints.
- **December:** The joyful season of Christmas, filling our parish with light and the message of Emmanuel – God with us.

**Walking with Mary, Mother of Consolation**

Each event, each gathering, and each prayer is a thread in the rich tapestry of our faith journey under the steps of Our Lady Consolata. As Pope Francis reminds us, “Mary is the Mother who consoles us, who is with us in our difficulties, who always walks with us.” This maternal presence has been palpably felt in our parish life this year.



*Consolata Shrine shines as a vibrant, missionary parish - a community alive with faith, hope and love. From family celebrations to youth gatherings, from sacraments to devotions, from farewells to new beginnings, our journey is one taken together.*

**Conclusion: A Parish on Pilgrimage**

Consolata Shrine shines as a vibrant, missionary parish – a community alive with faith, hope and love. From family celebrations to youth gatherings, from sacraments to devotions, from farewells to new beginnings, our journey is one taken together.

May Our Lady Consolata continue to guide our steps, strengthen our faith, and lead us always to her Son, the Consolation of the World. And may St. Joseph Allamano, our founder, inspire us to live as true missionaries of hope.

Together, as pilgrims of hope, we walk hand in hand – always under the loving steps of Our Lady Consolata. **CE**

*Fr Joseph Musito,  
Parish Priest, Consolata Shrine*

## Popes Prayers intentions for October 2025



### For collaboration between different religious traditions

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice, and human fraternity.

# Walking in Faith: A Pilgrimage to the Tuthu Shrines

*“Blessed are those whose strength is in You, whose hearts are set on pilgrimage.” – Psalm 84:5*

In the quiet hours of Saturday, August 30th, long before the first light of dawn, the Consolata Shrine in Westlands, Nairobi stirred with sacred anticipation. By 4:00 a.m., pilgrims – rosaries in hand and hearts aflame with devotion – began to gather for a profound spiritual journey to the Tuthu Catholic Shrines in Murang’a County.

What awaited was not simply a retreat from the city, but a pilgrimage of faith, memory, and mission – a return to the roots of Catholic evangelization in Central Kenya, and a reflection on the enduring legacy of Blessed Joseph Allamano, the visionary founder of the Consolata Missionaries.

**Returning to Sacred Ground**

While the first Mass at Tuthu was celebrated on June 29, 1902, the pilgrimage this year was scheduled for August 30<sup>th</sup> – a date chosen in February this year at the same venue by leaders who had assembled to mark the start of the centennial celebrations in commemorating the death of Blessed Allamano, who passed away in 1926.



The Tuthu Chapel in the background. It stands on the same spot that the Mugumo tree where the first mass was held stood. The Chapel is designed as a stump to represent the fallen tree. The entrance to the Chapel where pilgrims took photo with Bishop Pante.

Tucked in the serene, tea-covered verdant hills of Kiharu Constituency, the Tuthu Shrines occupy hallowed ground. This was the first mission station in Central Kenya established by the Consolata Missionaries. It was here, under a Mugumo tree – once sacred to the Kikuyu people – that the missionaries celebrated their first Mass, introducing the Gospel through presence, compassion and cultural understanding. The tree that once symbolized indigenous worship became a shelter for a new encounter with the Divine. »



The Consolata Shrine, Tuthu.

» For the pilgrims from the Consolata Shrine, a spectacularly large in number in recent times with over five hundred confirmed attendants in fourteen buses, it was not just a historical visit – it was a return to spiritual ancestry, a reconnection with the lives, sacrifices and triumphs of those who brought the light of Christ to Kenyan soil.

### Moments of Prayer, History and Encounter

The journey unfolded in a deeply spiritual rhythm: rosary prayers, hymns to Our Lady, silent reflection and a profound sense of unity among the faithful marked the hours on the road. A brief stop in Murang'a offered refreshment before the final stretch began.

Upon arrival, the pilgrims disembarked near a local Catholic church and proceeded to a three-kilometre walk to the sacred grounds. The first stop was a solemn visit to the site where Aloyse Kamau, the first catechist and teacher under the early missionaries, was martyred for his faith. His memory remains a powerful symbol of Kenya's early Christian witness.

Awaiting them at the site were the faithful of the local community – welcoming, warm and proud stewards of the shrine's history. Among them was Jackson 'Copper', a spirited natural storyteller whose humour and knowledge brought the early missionary journey to life. His vivid narrations deepened the pilgrims' understanding of Tuthu's significance – not only as a geographical destination, but as a spiritual landmark.



Jackson "Copper", a local parishioner and a gifted storyteller telling the story of Tuthu and the early missionaries. On the right he is with Fr Joseph Musito.

### The Legacy of Faith and Transformation

One of the most striking stories retold was that of Paramount Chief Joseph Karuri wa Gakure, the local leader who welcomed the missionaries in 1902. A man of great influence, Chief Karuri

not only gave the Consolata Fathers land to establish their mission but eventually converted to Christianity. He adopted the baptismal name "Joseph" and, in obedience to Church teaching, chose to remain with one wife – having previously been married to seventy-two.



The grave with the remains of Paramount Chief Joseph Karuri wa Gakure and his wife.

His life stands as a testament to radical transformation, the power of the Gospel to reshape lives and the humility to embrace truth, no matter the cost. His legacy endures both in faith and in history etched into the story of the Church in Kenya.

### A Pilgrimage of Grace

As pilgrims descended on the steep, meandering village paths flanked by emerald tea fields and birdsong, they meditated on the Stations of the Cross, lifting prayers of healing, gratitude and intercession. At Tuthu Catholic Parish, they walked through the Holy Door of the Jubilee Year, symbolizing new beginnings and the embrace of God's mercy. Many took the opportunity for Sacramental Confession, renewing their spiritual strength and commitment.



Pilgrims walking through the Holy Door at the Consolata Shrine, Tuthu

Sr. Ireen Nyaatha, among others.

*"You are not just visiting history – you are part of it,"* Bishop Pante declared. *"We must each continue the mission begun here: to bring Jesus to others through love, witness, and service."*

His words echoed the very heart of the Consolata Mission: *"To be Consolata – to console, to love, and to be a missionary."* It was a call to action for every pilgrim, a reminder that the work begun over a century ago is now entrusted to each of us.

He crowned the Eucharistic celebrations by consecrating a Tabernacle at the Chapel that was donated courtesy of the Consolata Shrine parishioners, at a cost of five hundred thousand.

### Tuthu Today: A Shrine Alive with Grace

Tuthu is not a relic, it is a living shrine, active in faith and



Bishop Pante giving the homily during the Eucharistic celebrations. Pilgrims in the procession with matega for the thanksgiving.

### Climax of the Pilgrimage: Eucharist on Holy Ground

The high point of the day was the Eucharistic celebration at the Tuthu chapel – built on the very ground where the first Mass was offered in 1902. The main celebrant was Rt. Rev. Virgilio Pante, Bishop Emeritus of Maralal, whose moving homily stirred hearts and called the faithful to missionary discipleship of humility and holiness, just like the martyrs who stepped on the same grounds before, including the two Cottolengo Sisters, Blessed Sr. Leonella Sgorbati, Blessed

ministry. Regular Masses and devotions continue to nourish the local faithful and plans are underway to elevate the site as a national pilgrimage destination, recognizing its foundational role in the growth of Catholicism in Kenya. For the Church in Kenya, Tuthu is not just a place to remember – it is a place to encounter, to be renewed and to recommit to the missionary spirit that built it.

### Pilgrimage as Renewal

As the buses rolled back to Nairobi that evening, the fatigue in the pilgrims' bodies was no match for the fire rekindled in their souls. In their testimonies was a quiet but powerful conviction: this journey had changed them.

To walk where the first missionaries walked... to kneel where the first Mass was celebrated... to listen, sing, pray and learn on this sacred land, it was a reminder of where we come from, and of where we are being called to go.

### You Are Invited

The next organized pilgrimage to Tuthu will take place on February 26, 2026, marking 100 years since the passing of St. Joseph Allamano. This centennial celebration will be a special moment of grace – a sacred opportunity for healing, reflection and deepening of faith.

All are invited to take part, to walk in the footsteps of saints and missionaries, and to discover anew what it means to be Catholic, Consolata and missionary.

### Final Reflection

In the words of Pope Francis: *"Life itself is a pilgrimage, and the human being is a viator – a pilgrim traveling along the road."*

As we walked in the hills of Murang'a, we walked also in the heart of our faith. Tuthu reminds us that our story is still being written. And as we walk in faith, may we too become messengers of hope, love, and consolation – missionaries in our time. **CE**

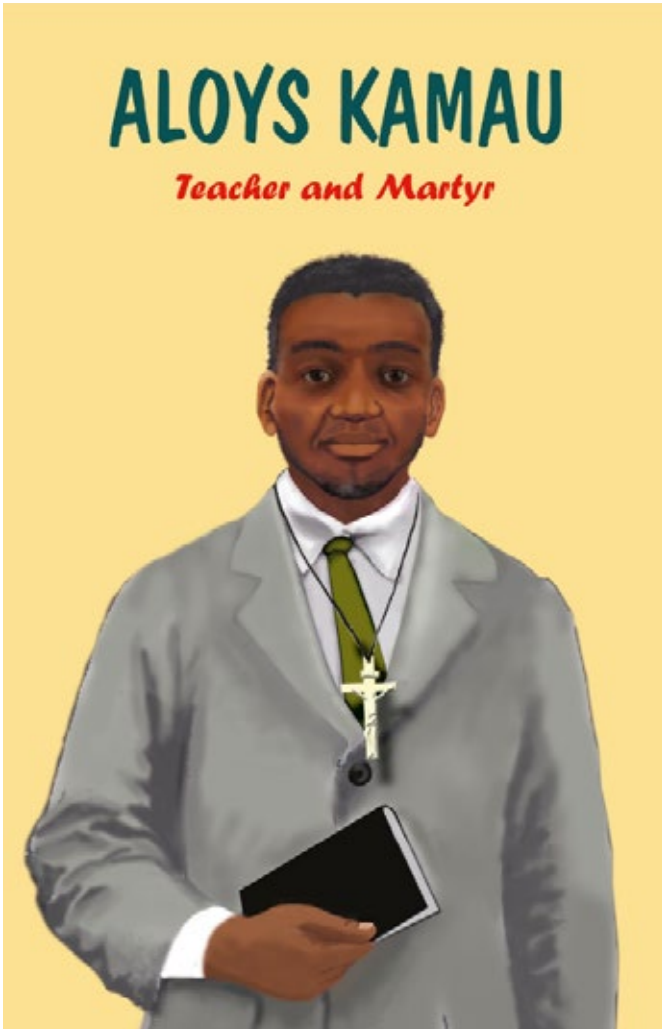


The beautiful Tabernacle that was donated to the Tuthu Chapel by the Consolata Shrines, Westlands parishioners.

# Aloys Kamau – Catechist, Martyr and Servant of God

## A Pilgrimage of Memory, Mission and Holiness

“The blood of the martyrs is the seed of the Church.” – Tertullian  
“He who loses his life for my sake will find it.” – Matthew 10:39



Catechist Aloys Kamau - Martyr and Servant of God.

As Kenya’s Catholic Church marks the centenary of the Consolata Missionaries’ arrival in Tuthu this year, the faithful are invited to reflect not only on the missionary roots of the Church but also on the lives of local heroes raised by that mission. Among them shines the remarkable witness of Aloys Kamau, a lay catechist whose life, faith, and martyrdom are now under review by the Church in the formal process of canonization.

Kamau’s story is told in *Aloys Kamau: Teacher and Martyr*, a biography by Fr. Giuseppe Mina, published by Paulines Publications Africa. Kamau, though not ordained, lived

a vocation just as powerful – teaching, evangelizing and ultimately offering his life for Christ.

**A Legacy Rooted in Tuthu**  
Tuthu, often called the cradle of Kenya’s Catholic faith, was where the Consolata Missionaries first settled in the early 1900s. These early missionaries, led by Bishop Filippo Perlo, brought the Gospel, opened schools, and began translating catechisms for the local people. From this early foundation, the seeds of the Kenyan Church took root – and Kamau was one of the fruits.

Formed in Tuthu, Kamau was not merely educated in the faith but deeply transformed by it. His commitment as a catechist came not from a title, but from a lived relationship with Christ. He traveled tirelessly across villages, teaching catechism, preparing couples for marriage, guiding catechumens, and serving as a spiritual companion to many. In an era when priests were few and distant, Kamau became the face of the Church in remote communities.

**A Lay Missionary, A Local Saint**  
Unlike many saints of old whose stories begin in distant lands, Kamau’s story is firmly African. He was a son of the soil – raised in a Christian home, trained in catechism, and deeply engaged in the cultural life of his community. His evangelization was rooted in the local language, customs, and rhythms of rural life. In him, faith and culture embraced, not clashed.

Kamau embodied what the Church now calls “missionary discipleship.” He preached the Gospel not just with words but with his life. His witness was quiet, humble, consistent – and for that reason, profoundly effective. Adults admired his character; children were drawn to his warmth. He lived among the people and shared in their joys and struggles, making the Church present even when the priest was not.

**Martyrdom in Kenya’s Struggle**  
As Kenya moved into the 1950s and the Mau Mau uprising intensified, tensions between colonial authorities, local communities and religious institutions grew. Christianity, especially through its association with education and missionary influence, was sometimes viewed with suspicion. Kamau, though politically neutral, was not spared from this suspicion.

On April 4, 1953, while journeying to visit catechumens, Kamau was ambushed and killed at just 24 years old. His death was not random. According to eyewitnesses and Church accounts, he was targeted *in odium fidei* – in hatred of the faith. His martyrdom crowned a life already offered in daily service and sacrifice. Though not widely known at the time, his death deeply affected the communities he served. To them, Kamau was already a saint.

**A Pilgrimage of Faith and Renewal**  
This year’s national pilgrimage to Tuthu, marking 123 years since the arrival of the Consolata Missionaries, is more than a historical celebration. It is a spiritual journey back to the roots of Kenyan Catholicism – and an opportunity to honour one of its most faithful sons.

Pilgrims will walk where Kamau walked, pray where he prayed, and renew their commitment to evangelization in his spirit. The pilgrimage invites a threefold reflection:

1. Gratitude for the early missionaries;
2. Recognition of local saints like Kamau;
3. Recommitment to lay mission, especially the vocation of catechists.



Commemoration cross for the late Aloys Kamau, the first Catechist and teacher who was martyred for his faith.

**Lessons from Kamau for Today’s Church**  
Kamau’s life offers timeless lessons, especially for today’s Church facing challenges both old and new:

- **The Dignity of Lay Ministry**  
Kamau reminds us that sanctity is not reserved for the clergy. Baptized and anointed by the Holy Spirit, lay people – especially catechists – are vital to the mission of the Church.



Parish hall at the Consolata Shrine, Tuthu that was dedicated in his honour

- **Evangelization through Presence**  
In a world overwhelmed by content and noise, Kamau’s gentle, faithful presence shows that evangelization begins with how we live and love daily.
- **Modern Martyrdom**  
While few today are called to physical martyrdom, many face ridicule, persecution, or loss for living the faith. Kamau gives courage to those quietly suffering for the Gospel.
- **Faith Incarnate in Culture**  
Kamau evangelized as a Kikuyu, in Kikuyu. His witness affirms that faith need not erase culture but transform it from within.

**A Saint in the Making**  
The Diocese of Murang’a has formally opened the cause for Kamau’s canonization. He is now recognized as a Servant of God, the first step toward sainthood. If the Church affirms that his death was indeed martyrdom, no miracle will be needed for beatification—only papal approval.

Across East Africa, his memory already lives on. His grave in Tuthu has become a pilgrimage site. Catechists invoke his name for courage and guidance. His feast is quietly celebrated in communities that still feel his spiritual presence.

In 2021, Pope Francis officially instituted the Lay Ministry of Catechist, giving canonical recognition to what Kamau lived decades earlier. The Pope’s apostolic letter *Antiquum Ministerium* describes catechists as “witnesses of faith, teachers and mystagogues, companions and pedagogues”—a description Kamau fulfilled perfectly.

**Prayer to the Servant of God, Aloys Kamau**  
God of all wisdom and courage,  
You called Your servant Aloys Kamau  
to be a light among his people,  
a teacher of truth, and a faithful witness unto death.  
Through his example, may catechists today  
grow in zeal, perseverance and love.  
May his life inspire many to teach the Gospel  
and to live their faith boldly.

Through his intercession, bless the catechists of our parish  
and strengthen the faith of all who seek You.  
We ask this through Christ our Lord. Amen.

**Aloys Kamau, catechist and martyr—pray for us.**

**Reflection**  
Aloys Kamau stands as a beacon of holiness in our time – a reminder that the Church’s future is not only in seminaries or religious houses, but also in village chapels, homes and classrooms where lay men and women faithfully pass on the faith.

As we walk the pilgrimage path to Tuthu, may we also walk the deeper path of discipleship that Kamau once trod – with humility, courage and unwavering love for Christ. 

# Honouring the Legacy of The Servant of God Maurice Cardinal Otunga: 22 Years On

On this 22nd anniversary of the death of Servant of God Maurice Michael Cardinal Otunga, the Catholic Church in Kenya and beyond pauses to give thanks for the life of a man who truly lived for God. His memory continues to shine as a guiding light for the faithful, and his cause for canonization offers hope that Kenya may one day celebrate its first saint.

Born in 1923 in Chebukwa, Bungoma County, Maurice Otunga chose Christ above all else from an early age. Baptized against the will of his traditionalist father, his commitment to the Catholic faith was unwavering. He was ordained to the priesthood in 1950, consecrated bishop just eight years later, and rose to become Archbishop of Nairobi and later Kenya's first cardinal in 1973 – an appointment that reflected his deep fidelity, not only to the Church, but to the people of Kenya.

Cardinal Otunga lived with humility and simplicity. He rejected worldly honours and luxuries, choosing instead a life of prayer, service, and sacrifice. Even as Archbishop, he was known to walk the streets, visit the sick, and pray with the poor. His leadership was firm yet compassionate, deeply rooted in the Gospel and the teachings of the Church.

He was a bold voice in defence of truth and morality, especially in times of moral confusion. He consistently spoke out against abortion, contraception, and corruption, standing as a prophetic figure even when his message was unpopular. His fidelity to the Magisterium and love for the Eucharist were central to his mission. Despite his stature, he remained approachable, fatherly, and kind – a true shepherd after the heart of Christ.

In 2003, Cardinal Otunga entered eternal rest, but his legacy endures. In

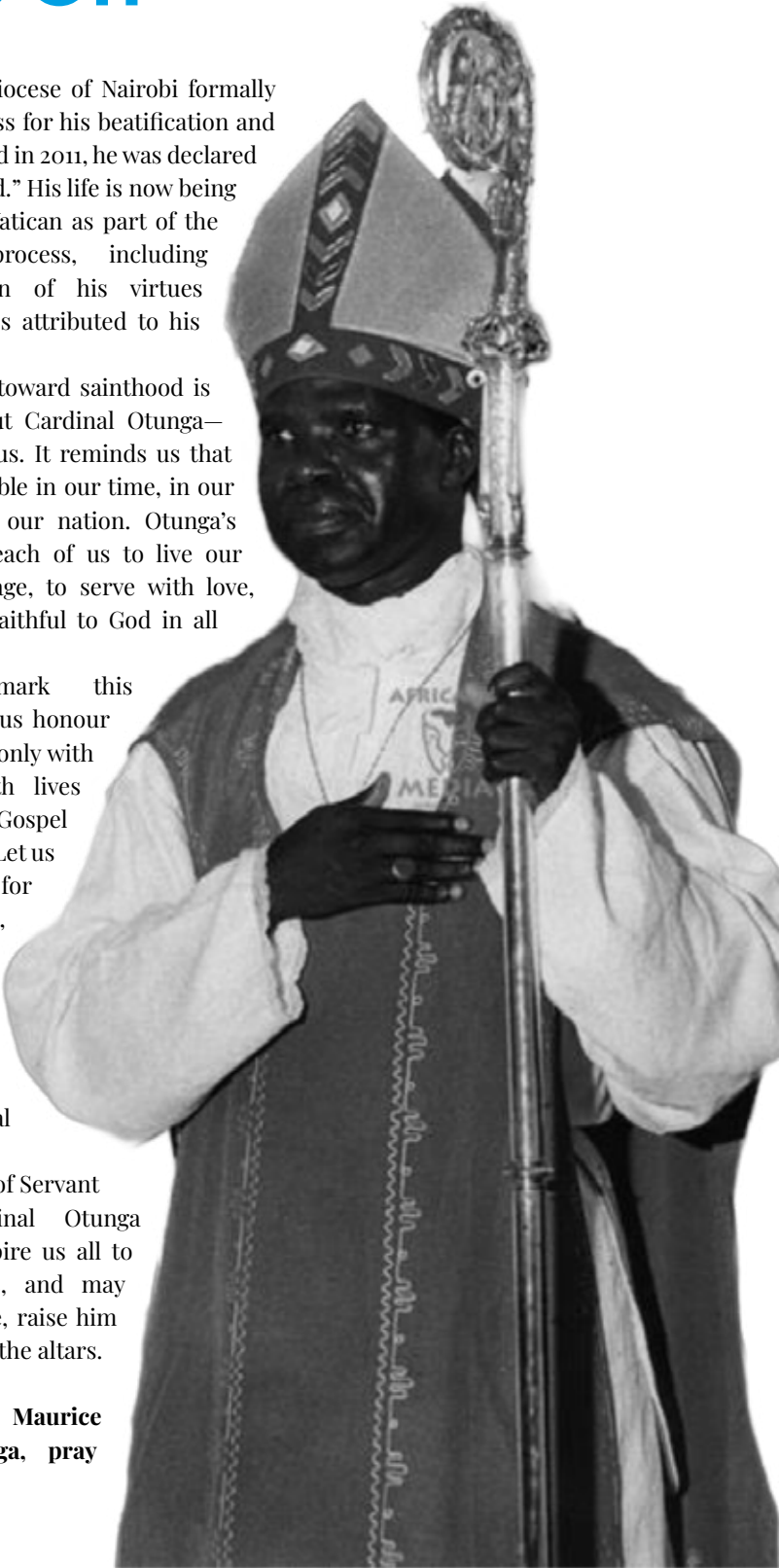
2009, the Archdiocese of Nairobi formally began the process for his beatification and canonization, and in 2011, he was declared a “Servant of God.” His life is now being studied by the Vatican as part of the canonization process, including the examination of his virtues and any miracles attributed to his intercession.

This journey toward sainthood is not simply about Cardinal Otunga—it is also about us. It reminds us that holiness is possible in our time, in our culture, and in our nation. Otunga's life challenges each of us to live our faith with courage, to serve with love, and to remain faithful to God in all circumstances.

As we mark this anniversary, let us honour his memory not only with words, but with lives that reflect the Gospel he lived so fully. Let us continue to pray for his beatification, and ask for his intercession, especially for the Church in Kenya and the spiritual renewal of our society.

May the light of Servant of God Cardinal Otunga continue to inspire us all to pursue holiness, and may God, in His time, raise him to the honour of the altars.

**Servant of God Maurice Cardinal Otunga, pray for us.**



# Saints for Our Time: The Canonisation of Carlo Acutis and Pier Giorgio Frassati

On 7th September 2025, a joyful wave swept across the universal Church as Pope Leo XIV proclaimed Carlo Acutis (1991 – 2006) and Pier Giorgio Frassati (1901 – 1925) as saints during a solemn Mass at St. Peter's Square. Their canonisation was not only a moment of great joy for Catholics worldwide but also a profound reminder that sanctity is possible in every generation, especially in the lives of the young.

## Two Lives, One Call to Holiness



Carlo Acutis, the youthful saint of our time, lived a life of simplicity, Eucharistic devotion and missionary zeal in the digital world. Proclaimed Patron of the Internet, his example continues to guide young people to holiness by showing that sanctity is possible in everyday life, even in the modern technological age. St Carlo Acutis is the Patron of the Kabete Deanery Teenagers - MYM

Carlo Acutis, a 15-year-old teenager from Milan, is remembered for his deep devotion to the Eucharist and his pioneering spirit in evangelisation through technology. Nicknamed “God’s influencer,” Carlo used his computer skills to design a website cataloguing Eucharistic miracles, leaving behind a powerful testimony that faith can flourish even in the digital age. His life was tragically cut short when he succumbed to leukemia in 2006, but his radiant love for Christ continues to inspire countless young people today.

Pier Giorgio Frassati, an energetic Italian student and mountaineer who lived decades earlier, embodied what Pope St. John Paul II once called “the man of the Beatitudes.” He balanced his studies and love for the outdoors with an unwavering commitment to serving the poor, the sick, and the marginalized. A member of Catholic Action and various lay movements, Pier Giorgio’s joyful witness made holiness



Blessed Pier Giorgio Frassati, known as the ‘Man of the Beatitudes,’ embodied joyful holiness through his love for the Eucharist, service to the poor and passion for the outdoors. His mountaintop journeys became a symbol of his constant ascent toward God, inspiring young people worldwide to live faith with courage and charity.

attractive. He died of polio at the age of 24, but his legacy of faith-filled service endures.

Though separated by nearly a century, both saints reveal the same truth: holiness is not about age or era, but about a heart set on Christ.

**Miracles that Marked Their Path to Sainthood**

The Church recognises saints only after careful discernment, and miracles are key signs of their heavenly intercession.

- **Carlo Acutis** was beatified in 2020 after the **miraculous healing of a young Brazilian boy** suffering from a rare congenital pancreatic disorder. After his family prayed for Carlo’s intercession, the boy was cured instantly and completely, baffling doctors. For his canonisation, the Vatican confirmed a second miracle: the healing of a young woman in Florence who suffered from a severe brain aneurysm. She recovered suddenly after prayers were offered through Carlo’s intercession.
- **Pier Giorgio Frassati** had long been venerated as “the Man of the Beatitudes,” and his path to sainthood advanced »



Matheus, a young Brazilian boy, experienced miraculous healing from a rare pancreatic disorder through the intercession of Blessed Carlo Acutis. This extraordinary event, recognized by the Church as a miracle, paved the way for Carlo's beatification, affirming his witness as a modern apostle of the Eucharist.

» significantly when the Vatican recognized the **miraculous healing of a young woman in Argentina** who was suffering from multiple organ failure. After prayers invoking Pier

Giorgio's help, her condition reversed dramatically, leading to full recovery. This miracle paved the way for his canonisation alongside Carlo.

These miracles are not simply extraordinary medical recoveries – they are signs of God's mercy working through the intercession of these young saints, affirming the faith of the Church in their holiness.

**A Universal Message for Youth**

The canonisation of Carlo and Pier Giorgio sends a clear message to today's young Catholics: holiness is possible here and now. Their lives show that following Jesus is not about abandoning joy, hobbies, or modern life, but about integrating faith into daily choices – whether through coding websites, climbing mountains, caring for the poor, or attending daily Mass.

Speaking after the canonisation, Pope Leo XIV reflected: *“Carlo and Pier Giorgio remind us that youth is not an obstacle to sanctity but a gift. Their example calls our young people to see*

*their studies, their friendships, their service, and even their use of technology as ways of glorifying God.”*

In our own parish, this message resonates strongly. Many young people are searching for role models who live authentically, balancing faith with the challenges of modern life. Saints Carlo and Pier Giorgio offer exactly that: witnesses of hope, courage, and joy.

**Lessons for Our Parish Community**

The canonisation also challenges us as a parish to reflect on how we can better nurture the gifts of our young people. Like Carlo, we are invited to use technology responsibly and creatively for evangelisation. Could our youth groups, for instance, build digital platforms to share parish events, testimonies, or catechetical resources?

Like Pier Giorgio, we are called to deepen our outreach to the poor and marginalized. His example urges us to ensure that parish life always extends beyond the walls of the church, reaching those in need with concrete acts of love.

For parents, the new saints remind us of the vital role of family in nurturing holiness. Carlo's mother has often testified that her son's devotion to the Eucharist transformed her own faith journey. Similarly, Pier Giorgio's commitment to service flowed from the values instilled in him at home. Families in our parish are thus encouraged to cultivate an environment where faith is lived daily, not only on Sundays.

**Reflections from the Faithful**

At Consolata Shrine, several youths shared their excitement at the canonisation. *“Carlo inspires me because he was so normal – he loved games, computers, and sports – but he also loved Jesus deeply,”* said one member of the Youth Serving Christ (YSC). Another added, *“Pier Giorgio shows us that being Catholic is not boring. It's about joy, adventure, and service.”*

For our clergy, the canonisation is a pastoral moment. Deacon Vincent reflected, *“Our youth need witnesses they can relate to. Carlo and Pier Giorgio are saints who wore sneakers, carried backpacks, and still carried their crosses with faith. They show us that the Gospel is alive today.”*

**A Call to Walk with the Saints**

The canonisation of Carlo Acutis and Pier Giorgio Frassati is not only about honoring their memory but also about embracing their witness. As a parish, we are invited to ask: how can we become more Eucharistic, more committed to service, and more courageous in sharing our faith?

The saints remind us that holiness is not reserved for a few extraordinary souls – it is a universal call. Carlo and Pier Giorgio now intercede for us, cheering us on from heaven. May we, too, respond with generous hearts, so that one day people may look at our lives and see the same radiance of Christ.

**The Road to Sainthood**

The Catholic Church follows a careful, prayerful process in declaring someone a saint.

1. **Servant of God** – The title given once a bishop opens a cause for canonisation. The person's life and writings are studied for holiness.
2. **Venerable** – After thorough investigation, the Pope declares the person lived a life of “heroic virtue.” At this stage, no miracle is required.
3. **Blessed (Beatification)** – One miracle through the person's intercession must be verified (except for martyrs). Beatification allows for public veneration, usually in a local diocese or community.
4. **Saint (Canonisation)** – A second confirmed miracle is required (again, except for martyrs). Canonisation is a declaration by the Pope that the person is in heaven and worthy of universal veneration.

*Through this journey, the Church reminds us that holiness is not only for a few, but for all who faithfully follow Christ.* 



In a historic and grace-filled moment at St. Peter's Square, Pope Leo XIV solemnly canonised Blessed Carlo Acutis and Blessed Pier Giorgio Frassati, declaring them saints of the Universal Church. The celebration, marked by profound prayer and joy, uplifted the faithful as the Church recognized these luminous witnesses of holiness in modern times. Their canonisation stands as a beacon of faith, inspiring Christians of every generation to live with courage, charity and devotion to Christ.



# CONSOLATA SHRINE PROFESSIONALS GROUP FREE MEDICAL CAMP



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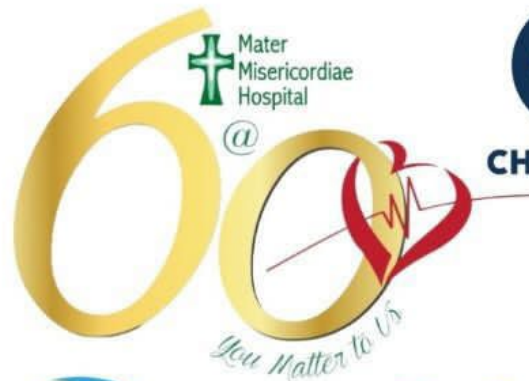
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September  
Consolata Shrine  
9am - 4pm



## Ordained to Serve: Ten Consolata Missionaries Embrace the Diaconate

*"I have come not to be served, but to serve..." (Mt 20:28)*



Rt. Rev. Jackson Murugara, Coadjutor Bishop of Meru and main celebrant, with the ten newly ordained deacons and two priests, joined by Consolata priests including the Regional Superior, Rev. Fr. Zachary Kariuki, IMC, after the ordination Mass at Consolata International University Grounds.

In a joyful and grace-filled liturgical celebration, ten Consolata Missionaries were ordained to the Diaconate on 8th August 2025 by Rt. Rev. Jackson Murugara, Coadjutor Bishop of Meru. The ceremony, which took place at the Allamano House Chapel in Nairobi, was attended by fellow missionaries, clergy, religious, family members, and members of the faithful.

The ordination came just three days after the deacons had professed their Perpetual Vows on 5th August, marking their full and lifelong consecration to the missionary life of the Consolata Missionary Institute.

### A Call to Service

As deacons, these men are now officially entrusted with the ministry of service: proclaiming the Gospel, assisting at the altar, presiding over baptisms and weddings, and ministering to the poor and suffering. Their ordination represents a significant milestone on the journey to priesthood and is a powerful witness to their desire to serve Christ and His Church with humility and dedication.



A solemn moment at Allamano House Chapel on Tuesday, 5th August 2025, as the Consolata Missionaries celebrated the Profession of Perpetual Vows, marking the ordinands' lifelong dedication to Christ, the Church and the missionary charism of Saint Joseph Allamano.

### Formed for Mission

Each of the newly ordained deacons has undergone a rigorous and enriching formation process, including years of philosophical and theological studies, novitiate, pastoral »



Consolata Mwangi, Moderator of the Consolata Shrine CWA, joins Rt. Rev. Jackson Murugara, Coadjutor Bishop of Meru, and Rev. Fr. Zachary Kariuki, IMC, Regional Superior of the Consolata Missionaries, in cutting the celebration cake.

Among those ordained are Rev. Deacon Vincent Peter Tibishubwamu, IMC, from Tanzania; Rev. Deacon Anthony Gachuiiri Nyaguthii, IMC, and Deacon Daniel Katie, both from Kenya. Their vocation stories – marked by faith, perseverance, and a deep sense of missionary calling –reflect the diversity and vitality of vocations in Africa today.

### A Joy for the Church

In his homily, Bishop Murugara reminded the ordinands of the sacred responsibility they now carry: *“You are not being raised for honour, but for service. Remain rooted in prayer, humility, and love for the people entrusted to you.”*

He urged them to model their ministry after Christ the Servant and to remain faithful to the missionary spirit of St. Joseph Allamano, founder of the Consolata Missionaries.

### Looking Ahead

The newly ordained deacons will continue to serve in various apostolates within Kenya and beyond, while some also pursue further theological specialization at institutions such as the Catholic University of Eastern Africa (CUEA).

Their ordination is not only a celebration for the Consolata family but also a moment of great joy for the universal Church, as new laborers are sent into the vineyard to proclaim the Gospel and serve with love.

Let us keep these young men in prayer as they continue to walk the path of missionary discipleship. **CE**

» placements, and spiritual accompaniment. Their formation reflects the core mission of the Consolata Congregation: *“to evangelize the most abandoned, especially in mission territories.”*



Members of the Catholic Women Association (CWA) from Consolata Shrine graced the celebration in large numbers, witnessing the ordination with joy and solidarity.

## Rev. Deacon Vincent Peter Tibishubwamu, IMC



Deacon Vincent Tibishubwamu, IMC.

### Early Life

Rev. Deacon Vincent Peter Tibishubwamu, IMC, is a Tanzanian missionary belonging to the Consolata Missionaries (IMC). He was born on 15th June 1991, the third of ten siblings, into a devout Catholic family. He is the son of Mr. Peter Claver Mutashobya and Ms. Savelina Kokulengya. From a young age, Vincent demonstrated discipline, deep faith and a strong sense of dedication – qualities that would later shape and affirm his missionary vocation.

### Education

Vincent began his formal education in 2001, completing his primary studies in 2007. He then proceeded to Ordinary Level secondary education (2009 – 2012), followed by Advanced Level studies (2013–2015). These formative academic years not only strengthened his intellectual foundations but also nurtured his growing awareness of God’s call to serve the Church and society.

### Religious Formation

Responding to this divine call, Vincent joined the Consolata Missionaries, beginning his propaedeutic year of formation in Morogoro, Tanzania. From

2017 to 2019, he pursued a Bachelor of Arts in Philosophy at Jordan University College, Morogoro, laying a strong spiritual and intellectual foundation.

He then entered the Novitiate at Sagana, Murang’a County, Kenya, where he engaged in a year of deep prayer, discernment, and reflection. Upon completion, he professed temporary vows of poverty, chastity, and obedience, formally embracing the religious missionary life.

From 2021 to 2024, Vincent undertook theological studies at Tangaza University College –Allamano Formation House, Nairobi, earning a Bachelor of Arts in Sacred Theology. This phase of formation enriched him with theological insight, pastoral skills, and missionary zeal in preparation for lifelong service in the Church.

### Perpetual Profession and Diaconate Ordination

On 5th August 2025, Rev. Vincent made his Perpetual Profession of Vows, becoming a full and permanent member of the Consolata Missionaries. This solemn commitment affirmed his lifelong dedication to living out the missionary charism of St. Joseph Allamano, the founder of the IMC.

Just days later, on 8th August 2025, he was ordained a deacon, receiving the Sacrament of Holy Orders. As a deacon, he is entrusted with service at the altar, the proclamation of the Gospel, and pastoral ministry to the people of God.

**Rev. Deacon Vincent Peter Tibishubwamu’s life is a testament to faith, perseverance, and dedication to God’s mission.**

### Current Mission and Specialization

Rev. Deacon Vincent is currently engaged in pastoral ministry at Consolata Shrine, Westlands, Nairobi, while also pursuing a Licentiate in Moral Theology at the Catholic University of Eastern Africa (CUEA), Lang’ata Campus. Now in his second year, this Master’s-level specialization equips him to accompany the faithful in making sound moral decisions rooted in the Gospel and Church teaching. It also prepares him for deeper engagement in teaching, formation, and pastoral guidance within the Church.



Deacon Vincent accompanied by Consolata Shrine parishioners, including Catechist Josephine Koki (left), during the joyous occasion of his ordination.

### Conclusion

Rev. Deacon Vincent Peter Tibishubwamu’s life is a testament to faith, perseverance, and dedication to God’s mission. From his humble beginnings in Tanzania to his rich formation at Tangaza and current academic journey at CUEA, he exemplifies the true spirit of a Consolata missionary.

His story continues to inspire many – especially the youth – to listen attentively to God’s call and embrace a life of love, service, and commitment to the Church. **CE**



## Deacon Daniel Katie



Deacon Daniel Katie (From Mbitini Parish, Wote Diocese)

My vocation journey began during my primary school years, when I became an altar server at Mbitini Parish. I served faithfully for a long time, accompanying the priest during various liturgical celebrations. At that young age, becoming a priest was not something I ever dreamed of. I was simply happy to assist at the altar. I loved the sense of responsibility and reverence that came with the role. Looking back, I can confidently say that my vocation began there – through service and by staying close to the priest and the altar.

After completing primary school, I joined high school. At this stage of my life, I was better able to reflect and make personal decisions. I started thinking about my future and considered various career paths. I thought of becoming a teacher, a medical doctor – and yes, even a priest. But the dream of priesthood still felt distant and unclear.

Despite this, I remained actively involved in the Church and committed to a prayerful life. I continued to ask God for guidance, especially as I reached the crossroads after secondary school. I prayed constantly, seeking clarity on which path to follow. It was during this time that I began to experience the power of prayer in a deeper way – not just as a routine, but as a true source of strength and direction.

Eventually, I made the decision to pursue the priesthood. I wrote to the Vocation Director requesting admission into the Consolata Missionaries. What motivated me most was a deep desire to serve God’s people, particularly in areas where I might be most needed.

In August 2015, I began my official formation journey at the propaedeutic stage in Nyeri. This initial phase was a time of orientation and learning more about the Consolata congregation. Like any other vocation, the journey came



Newly ordained Deacon Daniel Katie celebrates with fellow priests after the ordination Mass, a joyful moment of faith and fraternity.

with its own challenges – but also many graces and moments of growth.

I later joined Consolata International University in Lang’ata for three years of philosophical studies. During this time, I was fortunate to be accompanied by a spiritual director, whose guidance became a great blessing. Through regular conversations, I found encouragement and clarity that helped me move forward with hope and determination.

After completing philosophy, I entered the Novitiate in Sagana, where I deepened my spiritual life and commitment. From there, I proceeded to Tangaza University College, where I undertook four years of theological studies.

One of the greatest moments of my life was being ordained a deacon. It was a moment of deep joy and gratitude, and an opportunity to look back and see just how far the Lord had brought me. God had walked with me, strengthened me, and blessed me at every stage of this journey.

Today, my journey continues. I remain focused on my theological specialization at CUEA, and open to God’s will in all things. I continue to pray for strength, perseverance, and faithfulness as I look ahead.

May St. Joseph Allamano and Our Lady of Consolata intercede for me and for all those discerning their vocation. ☩

## Rev. Deacon Anthony Gachuiri Nyaguthii, IMC

“I have come not to be served, but to serve...” (cf. Matthew 20:28)



Rt. Rev. Jackson Murugara, Coadjutor Bishop of Meru, extends a fraternal handshake to Deacon Gachuiri during the solemn rite of ordination.

My journey toward the Diaconate has been a path of grace, faith, and a growing discovery of God’s will. Looking back, I see clearly how the Lord has walked with me – through my family and guardians, through the Church, and through the Consolata Missionary Institute – shaping me for service in His vineyard.

### Early Life and Faith Foundation

I was born on 7th October 1993 at Karatina Hospital, Nyeri County, into a simple and faith-filled family. My mother, Lucy Wanjiku Gachuiri, has been a pillar of strength, sacrifice, and love throughout my life. I am blessed with siblings who, despite life’s challenges, continue to inspire me. The death of my eldest sister was a deeply painful moment, but it

also awakened in me a greater sense of responsibility, as I came to be regarded as the eldest in the family.

Growing up in Our Lady Consolata Thegu Parish, faith was interwoven into the fabric of our daily life. The Consolata Missionaries were a regular and influential presence in the parish, planting the seeds of vocation early in my heart.

### Seeds of Vocation

The seed of my vocation grew slowly but steadily. Being an altar server and an active youth participant brought me deep joy. The example of dedicated missionaries inspired me and gave me direction. My vocation was especially nurtured by the encouragement of:

- Fr. Andrew Ndirangu, IMC (former Parish Priest, Thegu Parish),

- Fr. Mark Gitonga, IMC, and
- Fr. Joseph Gitonga, IMC, who accompanied me through my high school years and propaedeutic discernment.

Later, under the guidance of Fr. Daniel Lorunguiya, IMC, who was then the Vocations Director, I formally entered the Consolata Missionaries. In August 2015, I began my propaedeutic year at Blessed Allamano Formation Centre, Mathari.

### Formation Journey

From that point on, my formation unfolded step by step:

- 2016–2019: *Philosophical studies* at Consolata Seminary, Lang’ata
- 2019–2020: *Novitiate* in Sagana
- 25th July 2020: *First Religious Vows* »

- » • 2020–2024: *Theological studies* at Tangaza University College
- 2024–Present: *Master’s Degree in Pastoral Theology* at CUEA, Lang’ata

Each stage brought growth—spiritually, intellectually, pastorally, and in community life. Working with my hands in the kitchen, on farms, and in community projects grounded me in humility and discipline. Academic formation deepened my understanding of philosophy and theology, preparing me for the pastoral realities of missionary life.

My spiritual life was nurtured through the daily Eucharist, Rosary, Eucharistic Adoration, retreats, and the Sacrament of Reconciliation. The writings of St. Joseph Allamano and devotion to Our Lady Consolata have been constant sources of strength and inspiration in my missionary calling.

### Pastoral Experience

My pastoral experiences have been both

rich and transformative. I’ve served in:

- Nyumbani and Cottolengo Children’s Home
- Mitundu Local Church (Sagana Parish)
- Resurrection Garden
- St. Joseph Mukasa Parish, Kahawa West
- Consolata Shrine, Westlands

Through these diverse apostolates—working with children, accompanying the elderly, celebrating liturgy, and making pastoral visits—I have encountered Christ in the faces of those I served. These moments have taught me to listen, accompany, and serve with compassion.

### Milestones of Grace

Two milestones in August 2025 are forever etched in my heart:

- On 5th August 2025, I professed my Perpetual Vows at Allamano House Chapel, alongside ten of my brothers—making a lifelong

consecration to God in the Consolata Missionary Institute.

- On 8th August 2025, I was ordained a Deacon by Rt. Rev. Jackson Murugara, Coadjutor Bishop of Meru.

These sacred moments sealed my commitment to serve God’s people as a missionary disciple, in the spirit and footsteps of St. Joseph Allamano.

### Gratitude and Mission

I am profoundly grateful to my family, guardians, benefactors, formators, confreres, and parish communities—all who have supported, guided, and prayed for me along this journey. My vocation is not mine alone. It is the fruit of God’s grace and the love of many hearts.

As I continue this journey, I entrust my ministry to Our Lady Consolata, praying that my “yes” may always echo Mary’s fiat:

*“Let it be done to me according to your word.”* 



Deacon Gachuiri accompanied by his parents during the solemn celebration of his ordination.



Consolata Shrine Pontifical Missionary Childhood (PMC) proudly donning their new uniforms, generously donated by the parish. In the background, their role models, dressed in white, stand in support. Also present to grace the occasion was the PMC Moderator, standing at the back left, offering encouragement and guidance to the young missionaries. PMC at the Archdiocese Family Day St St Mary’s.



Dear Brothers and Sisters in Christ,

Words cannot fully express my gratitude for your prayers, presence, and overwhelming support during my Diaconate Ordination yesterday. Your love and encouragement have been a true blessing, reminding me that this vocation is not walked alone, but as part of the Body of Christ.

Thank you for standing with me in faith and joy. Please continue to pray for me as I begin this new chapter of service to God and His Church. May the Lord bless each of you for your kindness and witness.

With a heart full of thanksgiving,

Rev. Deacon Gachuiri.



Consolata Shrine parishioners representing the parish at the Annual Archdiocesan Family Day held at St. Mary’s Parish, Musongari (Kabete Deanery) in August.

Fr. Felix celebrates his 5th priestly ordination anniversary - marking five years of dedicated service to God and His people. A moment of gratitude, joy and continued missionary commitment.



The Pontifical Missionary Childhood (PMC) of Consolata Shrine engaged in a meaningful formation session with the Catholic Women Association (CWA) in the Old Parish Hall, strengthening bonds across generations in faith and mission.



Fr. James Bhola Lengarin, IMC, Superior General of the Consolata Missionaries shares a joyful moment with Richard Kathambana, Vice Moderator of the Consolata Shrine Parish Pastoral Council; Ms. Wambui, Moderator of the Professional Group; and Ms Zolla, a member of the Professinal Group after celebrating Eucharistic celebrations at the Consolata Shrine during his latest visit to the country.

# Subukia National Prayer and Pilgrimage 2025:

## Journeying Together as Pilgrims of Hope

“Let us go to the house of the Lord.” - Psalm 122:1

Each year, as the first Saturday of October dawns, the tranquil hills of Subukia in Nakuru County come alive with the footsteps and prayers of thousands of pilgrims. This sacred journey, culminating at the Subukia National Marian Shrine, is one of Kenya’s most treasured spiritual traditions—the Subukia National Pilgrimage.



Faithful participants during a previous National Prayer Day at the Subukia National Marian Shrine.

Today, Subukia Shrine is managed by the Conventual Franciscan Friars who have nurtured its spiritual atmosphere and maintained its facilities. The shrine’s appeal lies not only in its beautiful natural setting – lush hills, cool forests, and the famous holy spring – but in its role as a place of encounter with God’s mercy.

In 2025, this pilgrimage will carry a special significance as it intersects with the universal Catholic **Jubilee Year**, themed “*Pilgrims of Hope*.” With the Kenya Conference of Catholic Bishops (KCCB) and the Nairobi Metropolitan Archdiocese at the helm, led by Archbishop Philip Anyolo, preparations are underway to welcome the faithful into a season of grace, renewal, and transformation.

This feature invites you into the heart of this profound spiritual journey: its history, its significance today, and its call to every believer to become a pilgrim of hope in a world yearning for peace.

### The Origins and Growth of Subukia Shrine: A National Spiritual Treasure

In 1984, the late Cardinal Maurice Otunga dedicated a vast 200-acre land in Subukia, Nakuru County, as the “Village of Mary, Mother of God.” This marked the birth of what would become a national pilgrimage site under the patronage of the Blessed Virgin Mary.

Responding to Pope John Paul II’s call for national shrines, the Kenya Conference of Catholic Bishops acquired the land with a vision: a place of prayer, penance, and healing that could unite the Church and the nation in faith.

### A Pilgrimage for Healing, Reconciliation and Unity

The pilgrimage day unfolds as thousands of faithful converge from across the country and beyond. They come with varied intentions: families seeking peace, individuals longing for healing, communities praying for unity, and youth aspiring for deeper faith.

Pilgrims participate in:

- **The Way of the Cross**, ascending the hill through fourteen prayer stations that meditate on Christ’s passion.
- **Mass and Eucharistic Adoration**, where bishops and priests offer the sacrifice of the Mass and invite pilgrims into intimate communion with Jesus.
- **Confession**, which many find a source of spiritual renewal and liberation.
- **Marian Devotions**, including the recitation of the Holy Rosary, a central element that invites pilgrims to contemplate the mysteries of Christ through Mary’s eyes.

Central to the pilgrimage is the shrine’s holy spring, discovered in the 1990s and believed to be a source of physical and spiritual healing. Pilgrims drink and bathe in its waters as an act of faith and trust in God’s power.

### Jubilee Year 2025: A Time for Renewal and Mercy

The 2025 Jubilee Year, declared by Pope Francis and embraced by the KCCB, is a pivotal moment in the life of the Kenyan Church. It is a call to journey together as *pilgrims of hope* – renewing faith, deepening mercy, and committing anew to service.

Archbishop Philip Anyolo, the Archbishop of the Nairobi Metropolitan Archdiocese, has emphasized that the Jubilee Year challenges the faithful to rediscover the power of prayer and the strength of family.

In his pastoral letters, Archbishop Anyolo reminds Catholics that: “The family is the domestic church. If we return to prayer and Scripture as families, we build a foundation that no crisis can shake.” He further calls on all parishes and Small Christian Communities (SCCs) to embrace the Jubilee as a time for spiritual renewal, highlighting the centrality of the **Holy Door of Hope** as a symbol of God’s mercy and invitation.

The Jubilee Year infuses the Subukia pilgrimage with new energy: a pilgrimage not only of distance but of the heart.

### The KCCB’s Role: Shepherding a National Spiritual Movement

The Kenya Conference of Catholic Bishops, through its **Department of Evangelization and Lay Apostolate**, is at the forefront of coordinating the Subukia pilgrimage. In 2025, the KCCB is supporting dioceses and parishes in mobilizing the faithful, especially youth and families, to participate fully.

A special focus is the **restoration and development campaign** for Subukia Shrine, aiming to raise KES 25 million to upgrade facilities, protect the environment and enhance the spiritual experience. Justice Alfred Mabeya, chair of the restoration committee, stresses the importance of these efforts: “We are not only renovating buildings; we are

renewing a sacred space that nurtures the faith of millions.” Bishop Cleophas Oseso of Nakuru echoes this, highlighting the environmental dimension: “Following Pope Francis’ encyclical *Laudato Si’*, we are committed to ecological stewardship. The shrine will become a model of how faith and care for creation go hand in hand.”

This vision embraces both the spiritual and physical renewal of the shrine, making it a sanctuary of hope for present and future generations.

### The Call to Every Catholic: Be a Pilgrim of Hope

As October 4, 2025 approaches, every Catholic in Kenya is invited to join this sacred journey – whether physically by attending the pilgrimage, or spiritually through prayer and solidarity.

The pilgrimage challenges each believer to reflect on their own faith journey:

- How are we living as pilgrims of hope amid the challenges of daily life?
- How can we carry the spirit of Subukia into our families, workplaces and communities?
- How can prayer, penance, and mercy transform us personally and as a Church?

Archbishop Anyolo’s message resonates: “Our journey to Subukia is a mirror of our spiritual journey: climbing the hills of trial and doubt, arriving at the cross of Christ and drinking deeply from the spring of mercy.” **CE**

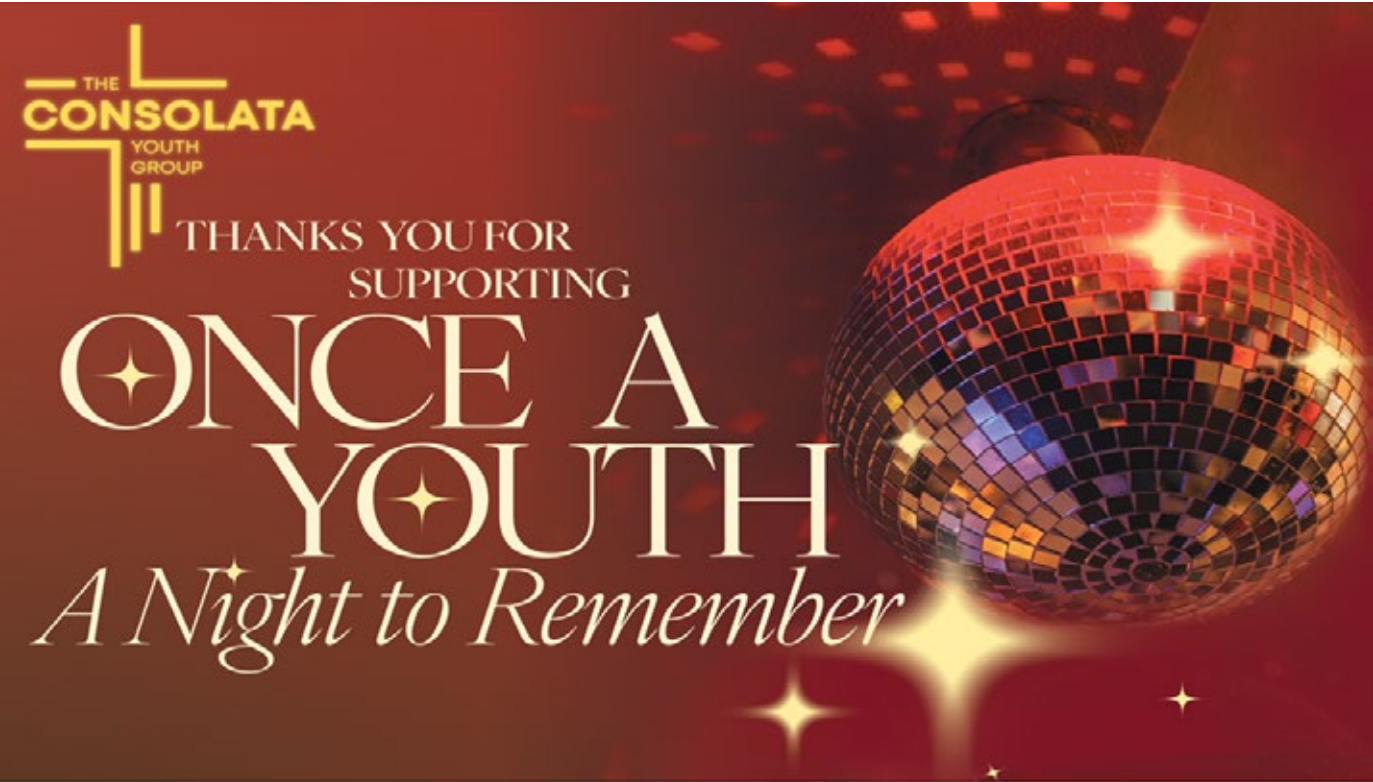
“May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.”  
– Romans 15:13



Entrance to the Way of the Cross, nestled between the Marian Shrine and the Marian Grotto, home to the sacred spring atop the hill.

In his pastoral letters, Archbishop Anyolo reminds Catholics that: “The family is the domestic church. If we return to prayer and Scripture as families, we build a foundation that no crisis can shake.”

# A Night to Remember - Once a Youth: A Celebration of Love in Action



“In that day you will say: ‘Give praise to the Lord, proclaim His name; make known among the nations what He has done, and proclaim that His name is exalted. Sing to the Lord, for He has done glorious things; let this be known to all the world.’”  
 – Isaiah 12:4-5 (NIV)

A Night to Remember truly lived up to its name – an evening overflowing with warmth, laughter, music and joyful giving. Our goal was simple yet profound: to come together as one family of faith, raise funds for the renovation of the St. Joseph Deep Sea Nursery School kitchen, and continue walking with this community in love and service.

Picture it: A spinning disco ball, timeless hits filling the air and parishioners of all ages dressed in vibrant throwback-themed outfits, dancing and reconnecting with the joy of their youth. For those who joined us on August 1st, 2025, this was not a dream, but a lived moment – a celebration where faith, joy, and unity came alive. By the end of the night, it was truly unforgettable.



A worthy jig - a joyful moment reminiscent of youthful days, full of laughter, rhythm and shared memories.

As the Consolata Youth Group (CYG), our hearts are full. We are humbled, grateful and overjoyed to share that the evening was a resounding success. From the soulful a cappella mash-up of Kenyan classics by La Chorale, to the spirited dance performances and the dazzling retro fashion show by our talented youth – the gifts of our parish shone brightly. Every smile, every ticket purchased, every raffle donated, and every whispered prayer reminded us that when the Body of Christ moves together, miracles unfold.



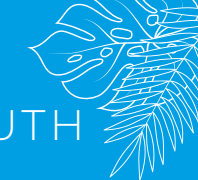
Youth Moderator Diana and Vice Moderator Glen pose alongside fellow team members - a vibrant representation of the leadership and teamwork that made A Night to Remember a resounding success.

We give all glory to God, and extend our deepest gratitude to you – our Parish Family, Friends, and Generous Sponsors – for believing in this mission.

- Special Thanks;
- Fr. Joseph Musito, the Allamano Board, and the Parish Pastoral Council – You were the very first to believe in this dream and stand with us as our initial sponsors. Your support gave us the confidence and momentum to move forward with boldness and faith. Your leadership reminded us that true shepherding is not only about guiding but walking alongside the community and investing in its dreams. For this, we are truly grateful.
  - Our beloved Patron and Matron, Mr. and Mrs. Kahuko – Thank you for your unwavering love and support. You encouraged us to reach for the stars and were always ready to catch us when we stumbled. Words cannot express how much your presence meant to us. May God bless you abundantly.



A section of the youth pose for a photo with their Patron, Mr. Kahuko (standing, second from right), and the Consolata Shrine Parish Pastoral Council Vice Moderator, Mr. Kathambana (standing, back left). The image reflects the strong support and mentorship that continue to guide the youth in their journey of faith and service.



Those who accompanied the youth joined them on stage for a lively jig - a joyful nod to their own youthful days. Leading the way was the Guest of Honour, Mrs. Wambui Mwicigi, pictured front row, center. The moment captured the spirit of unity, celebration, and timeless joy that defined the evening.

- » • To **Mrs. Wambui Mwicigi Muya**, our gracious **Guest of Honour** - Thank you for stepping in at the very last moment with kindness and generosity. Your encouragement and presence elevated the night and deeply touched our hearts.
- To our incredible **Organising Committee** - Your dedication, attention to detail, and countless hours of planning ensured that every element came together seamlessly. This dinner's success would not have been possible without you. May the Lord bless you a hundredfold for your sacrifice and service. *Asanteni sana.*

And to every one of you - our parishioners, donors, sponsors and prayer warriors - **THANK YOU**. We **sold out** our very first dinner! You showed up, purchased tickets, sponsored youth, donated generously and covered us in prayer. Because of you, the children at **St. Joseph Deep Sea Nursery School** will soon have a **dignified, safe kitchen** - a space where meals, joy and hope will flourish.

Your collaboration and generosity turned a vision into reality. The **Consolata Shrine Family** has truly shown what **hope in**

**action and love made visible** looks like.

As we celebrate this milestone, we know this is just the beginning of love in action. Our mission does not end with one event. It is a continuous call to serve, to love, and to walk alongside the children and families of Deep Sea.

**Together, we are building more than a kitchen - we are building a future rooted in faith, hope and love.**

May God bless you abundantly for your presence, your generosity and your unshakable support. 

With heartfelt gratitude,

**Felix Waithaka & Nyakinyua Karuga**

On behalf of the **Consolata Youth Group (CYG)**

 **Email:** [consolatashrineyouth@gmail.com](mailto:consolatashrineyouth@gmail.com)

 **Instagram:** [@consolatashrineyouth](https://www.instagram.com/consolatashrineyouth)

 **Tik Tok:** [@consolatashrineyouth](https://www.tiktok.com/@consolatashrineyouth)

## Remarks by Fr. Zack Kariuki, Regional Superior of the Consolata Missionaries On the Occasion of “A Night to Remember - Once a Youth”

*Beloved in Christ,*

It brings me great joy to witness the vibrant life, energy, and faith-filled creativity that has been poured into this evening by the youth of our parish. As Regional Superior of the Consolata Missionaries, I extend my heartfelt **congratulations** to the **Consolata Youth Group** for the tremendous success of “A Night to Remember - Once a Youth.”



Fr. Zack Kariuki, IMC delivers his heartfelt remarks during “A Night to Remember - Once a Youth.” In his address, he lauded the Consolata Youth Group for their vibrant leadership and commitment to service, describing them as a living testament to the modern Church in action.

This event is more than a celebration - it is a testament to the spirit of the young Church at work.

In today's world, where youth are often overlooked or misunderstood, it is both refreshing and encouraging to see young people not only taking part in the Church, but taking **ownership** of its mission. Through your leadership, your artistic gifts, your dedication to service, and your deep love for the community - you have shown that **the future of the Church is not tomorrow - it is today.**

Pope Francis once said:

“Dear young people, the Church needs you, your enthusiasm, your creativity, and the joy that is so characteristic of you.”

Tonight, I have seen all of that - and more.

Your initiative to support the children of St. Joseph Deep Sea Nursery School is a powerful example of *faith in action*. It



*In today's world, where youth are often overlooked or misunderstood, it is both refreshing and*

*encouraging to see young people not only taking part in the Church, but taking ownership of its mission.*

reminds us all that love is not passive. It is dynamic. It moves, it gives, it builds. What you are doing is not just fundraising - you are planting seeds of hope, dignity, and possibility in the lives of the most vulnerable.

To each of you - whether you sang, danced, planned, prayed, or showed up in support - I say: **Thank you**. You are not only the heart of this parish, but you are a living expression of Christ's love to the world.

As Consolata Missionaries, we are proud to walk alongside you in your journey of faith and mission. And as your elder brothers and sisters in this calling, we are deeply encouraged by your commitment and courage.

Let us continue to build a Church that is young, welcoming, courageous, and rooted in Christ. The Church needs your fire - your questions, your dreams, and your desire for something greater than yourselves. And may you never forget that in giving, in loving, in serving - you are most like Christ.

May Mary Consolata continue to walk with you, guide you, and cover you with her maternal care.

**God bless you all abundantly.** 

With pride and joy in Christ,

**Fr. Zack Kariuki**

*Regional Superior, Consolata Missionaries - Kenya/Uganda Region*

# Celebrating Talent: The Power of Performing Arts in Our Church Community

By Justine Betty

In a vibrant celebration of faith and creativity, the recent Youth Festival – First Round, held on 23rd August at St. Joseph Kangemi, highlighted the remarkable gifts of young people from our Consolata Shrine community. The festival, which drew participants from across the deanery, was not simply an artistic showcase. It was a sacred moment where the youth bore witness to the Gospel through the power of performing arts.

### A Journey of Dedication

The journey began on 10th August, when the Youth Serving Christ (YSC) group embarked on an intense rehearsal program. With limited resources and little time to prepare, the young participants poured their energy, creativity, and prayer into every practice. What could have been discouraging became instead a source of unity and perseverance.

“Preparing was not easy,” shared Natasha Gathoni, who presented a solo verse. “Sometimes we felt exhausted, but each rehearsal reminded me that we were not only performing – we were serving God with our talents.”

Her sentiment echoed across the group, who saw their commitment as both artistic discipline and spiritual formation.

### Shining on Stage



The Consolata Shrine Youth Serving in Christ (YSC) team showcase their talent and spirit as they deliver their set performance during the Youth Festival.

Despite entering only four categories – modern dance, spoken word, solo verse, and set piece – the youth distinguished themselves with admirable performances. Their efforts were crowned with awards that reflect both talent and dedication:

- **Natasha Gathoni** secured **second place** for her moving *solo verse*.
- **Tunu Mandi** was recognized as the **Best Female Dancer** in *modern dance*.
- **Yvonne Yabunga** achieved **first place** in *spoken word*, captivating the audience with a powerful, faith-inspired performance.

“These awards are not just for us,” said Yvonne. “They belong to the whole parish community that supports and prays for us. Every time I stood on stage, I felt the strength of my faith family behind me.”



Certificate of participation awarded to the Consolata Shrine Youth Serving in Christ (YSC) in recognition of their exemplary performance during the Youth Festival – First Round, held on 23rd August at St. Joseph Kangemi. Congratulations to the youths and their leaders on this well-deserved achievement

### More Than Competition

The Youth Festival, which will proceed through three stages before culminating in a national competition on 6th December 2025 at Pwani University, is about more than rankings or medals. It is about evangelization through art.



Tunu Dance Performance – a vibrant showcase of talent and culture

Through dance, poetry, and performance, the youth become living witnesses of the Gospel in ways that are fresh, engaging, and deeply human. The rhythm of the dance, the emotion in spoken word, the beauty of choral expression – all these are not ends in themselves but vehicles through which God speaks to His people.

“It was amazing to see the youth pour themselves out on stage,” remarked one parent. “For me, it was more than a performance. It was prayer in motion.”

### The Role of Parents and Community

The achievements of the YSC cannot be separated from the unwavering support of parents and guardians, who journeyed with their children in prayer and encouragement. Their presence was a reminder that nurturing faith and talent is a collective mission of the family and the parish.

One parent, reflecting on her daughter’s participation, shared: “As parents, we are called to walk with our children, not only in academics but also in discovering their God-given gifts. When we support them, we strengthen the Church itself.”

### A Pastoral Reflection: Performing Arts as Worship

The Catholic tradition has always recognized art as a pathway to encounter God. Sacred music, drama, dance, and poetry have long served as bridges between faith and culture. At the festival, this heritage came alive in youthful energy, reminding us that the performing arts are not merely entertainment but a form of prayer and catechesis.

“When our youth dance, sing, or proclaim a verse with faith, they are not just showcasing talent - they are evangelizing.”



The Consolata Shrine Youth Serving in Christ (YSC) team poses for a group photo, celebrating their participation and achievements

“Art speaks to the soul in ways words sometimes cannot,” said one of the presiding judges at the event. “When our youth dance, sing, or proclaim a verse with faith, they are not just showcasing talent – they are evangelizing. They are telling the world that the Church is alive, young, and creative.”

Such reflections ground the festival in the missionary spirit of St. Joseph Allamano, founder of the Consolata Missionaries, who urged his followers to bring Christ to people through every means possible. Today, the youth continue this mission through artistic expression, reaching hearts in profound ways.

### Looking Ahead

As the YSC prepares for the next rounds leading to the national stage, they carry with them not only the hope of winning but also the deeper mission of representing the faith and vibrancy of Consolata Shrine.

The parish community is invited to continue walking with them—through prayer, encouragement, and material support—so that their journey may inspire even more young people to discover their gifts and dedicate them to God’s service.

In the words of Yvonne Yabunga, whose spoken word won first place: “When I perform, I pray that someone listening hears not just me, but the voice of God speaking through me.”

### Conclusion

The Youth Festival was more than an artistic gathering; it was a celebration of faith in action. It showed us that the performing arts, when rooted in Christ, can strengthen community, deepen spirituality, and evangelize with joy.

As a parish, let us continue to encourage our youth to shine their light before others – so that, in the words of Matthew 5:16, “they may see their good works and glorify our Father in heaven.”

# The Journey of the Altar Servers

By Diana Mwaura, Altar Servers’ Moderator – Consolata Shrine, Westlands

Not too long ago, I had the privilege of serving at the altar myself. Clothed in my alb and scapular, standing close to the sacred mysteries of the Eucharist, I experienced a joy that words can scarcely express. That experience shaped my faith, deepened my love for the Church, and inspired a lifelong desire to remain near the altar.

Today, I have the humble honour of serving as the Moderator of the Altar Servers at Consolata Shrine, Westlands, walking alongside young servers as they grow in their own faith journeys and learn to serve the Lord with joy and reverence.

### A Ministry of Growth and Grace

The journey of our altar servers is marked by commitment, joy, and spiritual growth. Today, our ministry comprises 72 active altar servers, both boys and girls, ranging from the age of eight – after receiving First Holy Communion and Baptism – to young adults in their late teens and early twenties.



A section of the Consolata Shrine Altar Servers pose for a group photo following a formation session. Diana Mwaura, their dedicated Moderator, is seen squatting second from right, faithfully guiding the young servers in their journey of liturgical service and spiritual growth.

Since I began moderating the group, we’ve seen four generations of altar servers pass through this ministry. It’s a blessing to witness many of them transition from primary school to university, growing not only in age but also in faith, leadership, and maturity.

Among our senior members are remarkable role models such as Adrian Rutto, now the Moderator of *Youth Serving Christ (YSC)*, and John Simiyu, who volunteers as a paramedic with *St. John Ambulance*. Their continued service within and



Altar Servers of Consolata Shrine pose for a group photo with Rev. Fr. Peter Munguti Makau, IMC, Coadjutor Bishop of the Catholic Diocese of Isiolo, following a spiritually enriching formation session - a moment of encouragement and inspiration for the young ministers at the altar.

beyond the Church reminds our younger members that altar serving is a foundation for a lifetime of service and witness – both inside and outside the sanctuary.

### The Beauty of Commissioning

One of the most meaningful moments in the altar server’s journey is the commissioning ceremony – a treasured tradition in our parish. It is not merely symbolic; it is a sacred affirmation of each server’s commitment to serve at the Lord’s altar. In this rite, the parish community prays for them and blesses their ministry.



Altar Servers proudly display their certificates following their commissioning ceremony in August 2025, marking a special milestone in their journey of faith and service at Consolata Shrine.

We are reminded of Jesus’ words in *Mark 10:14*: “Let the children come to me; do not hinder them, for to such belongs the kingdom of God.”

This Scripture perfectly captures the spirit of commissioning – inviting children into sacred service and entrusting them with roles of spiritual significance.

To be an altar server is to live out that Gospel invitation: to draw close to Jesus, serve with joy, and reflect His love through humility and devotion.

### The Patron Saint of Altar Servers

Many may not know that St. John Berchmans, a young Jesuit scholastic, is the Patron Saint of Altar Servers. Though he died at the young age of 22, his life was marked by devotion, discipline, and a radiant joy in serving at the altar.

He once said: “If I do not become a saint when I am young, I shall never become one.”

These words challenge and inspire our servers: holiness is not a distant goal – it begins now, in the small and faithful acts of service.

St. John Berchmans also taught that even the simplest task, when done with great love, becomes pleasing to God. Whether it’s lighting a candle, holding the missal, or walking in procession, each action is an offering of love and reverence.



Consolata Shrine’s altar servers gathered for a formation session for boys on December 13th, 2024, at the Queen of Apostles, Ruaraka, deepening their commitment to serve faithfully at the Lord’s altar.

### The Role of Parents

Behind every committed altar server is a supportive family. The role of parents in this ministry cannot be overstated. Their encouragement, availability, and prayers are the backbone of our community.

Their support allows children to show up prepared, disciplined, and joyful in their service. In doing so, they strengthen not just their child’s faith, but the spiritual life of the entire parish.

### Words of Gratitude

To all our altar servers, I express my heartfelt thanks. You are the heartbeat of this ministry. Your dedication, even when it’s not always easy, and your willingness to serve the Lord are a powerful witness to the parish.

I always remind our servers of three simple yet profound values:

- 1. Be kind
- 2. Study hard
- 3. Serve the Lord with joy

While we continue to pray for vocations to the priesthood and religious life among you, above all, we pray that you become strong, faithful Catholics, who live out the Gospel in your everyday lives.

### A Final Reflection

Altar serving is not just about what happens on the sanctuary floor. It is a path of formation – teaching discipline, teamwork, reverence and the joy of self-giving.



Emmanuel, Samuel, Leon, and Reagan - our youngest altar servers at Consolata Shrine, joyfully serving on their journey of faith and dedication at the Lord’s altar.



Leon Enyaman and Emmanuel Lemayian, two of our youngest altar servers pictured with Rev. Fr. James Bhola Lengarin, General Superior of the Consolata Missionaries during a joyful moment of encouragement and blessing.

It is a school of holiness, where each small act – performed with love – draws us closer to Christ. It is also a school of leadership, shaping young people who will serve in the Church and the world with integrity and faith.

May the words of Christ and the example of St. John Berchmans continue to inspire our altar servers. May they know that they are deeply loved by God, that their service matters, and that their journey is forming them into the saints, leaders, and disciples of tomorrow.

May God continue to bless this beautiful ministry, deepen our unity, and guide us all – as we serve at His altar. **CE**

# Celebrating September - The Month of Creation

Each year, the Catholic Church dedicates September to the Season of Creation – a sacred period of prayer, reflection, and action that runs from the World Day of Prayer for the Care of Creation (1 September) to the Feast of St. Francis of Assisi (4 October). It is a time when Christians are called to rediscover their vocation as stewards of God’s creation, safeguarding the earth as our common home.

This year, the Season of Creation holds a special significance as the Church marks the 10th anniversary of *Laudato Si’*, Pope Francis’ groundbreaking encyclical on ecology. His call to respond to both “*the cry of the earth and the cry of the poor*” is especially relevant in Kenya, where environmental degradation and climate change remain pressing challenges for families and communities.



Laudato Si’ 10th Anniversary marked with a celebratory cake.

### The Consolata Shrine Experience

At Consolata Shrine, Westlands, the Season of Creation has grown beyond a calendar event into a lived expression of faith. Throughout the month, liturgies include creation-themed prayers, hymns, and reflections. Parishioners are reminded in homilies and prayer intentions that safeguarding creation is a core Gospel demand.

This year, the Catholic Justice and Peace Department (CJPD), in collaboration with other parish groups, guided the community in a series of eco-initiatives. These included:

- **Tree-planting drives** within the Shrine compound and in parishioners’ homes, in support of Kenya’s national greening campaign.
- **Workshops on sustainable living**, equipping families with

- practical tools to reduce single-use plastics and manage household waste responsibly.
- **Youth-led drama and spoken word**, creatively bringing to life Pope Francis’ *Laudato Si’* message and inspiring both young and old to embrace ecological conversion.

Such initiatives reflect the words of Pope Francis: “*Living our vocation to be protectors of God’s handiwork is essential to a life of virtue.*”



A poster marking the 10th anniversary of *Laudato Si’*, Pope Francis’ encyclical on care for our common home, displayed at the Consolata Shrine to inspire prayer and action during the Season of Creation.

### A Kenyan Context: Caring for Creation

For Kenyans, the call to creation care is not abstract but rooted in lived reality. Recurring droughts, deforestation, and erratic rainfall continue to threaten livelihoods and biodiversity. In rural parishes, the cry of the poor is deeply connected to the cry of the earth, as families experience crop failures and food insecurity.

Guided by the Kenya Conference of Catholic Bishops (KCCB), the Church has integrated ecological awareness into pastoral life. Alongside advocating for just environmental policies, Catholics are encouraged to take up practical initiatives such as:

- Planting drought-resistant indigenous trees.
- Harvesting and conserving rainwater.
- Practicing organic farming to protect soil fertility.

Through its pastoral outreach, Consolata Shrine links its urban congregation in Nairobi with these wider national efforts, reminding the faithful that creation care is integral to Christian discipleship.



The Consolata Shrine Pontifical Missionary Children (PMC), together with Fr. Musito, plants a tree to celebrate the 10th anniversary of *Laudato Si’* in honoring our call to care for creation

### Youth and Families Leading the Way

Kenya’s youthful population offers a strong witness to ecological conversion. At Consolata Shrine, the Youth Serving Christ (YSC) group incorporates creation care into their service and formation. From tree planting and clean-up days to creative arts presentations, they are helping the parish live out its ecological mission.

Families are also taking up the call in small but meaningful ways. From reducing plastic use to choosing eco-friendly household items, these daily practices reflect gratitude for God’s gifts. One parishioner put it simply: “*Even separating our waste at home is a way of thanking God for His creation.*”

### A Call to Ecological Conversion

The Season of Creation is more than activities; it is a call to conversion. Just as St. Francis of Assisi saw creation as a reflection of God’s love, the faithful today are invited to view the earth as a sacred gift entrusted to our care.

In a recent homily at the Shrine, a priest reminded parishioners: “*To care for creation is to care for one another. When we protect the forests, rivers, and soil, we protect the future of our children.*” Such reflections root ecological action firmly within the call to holiness.



Catholic Justice and Peace Department (CJPD) led parishioners in commissioning plastic waste cages. Several cages were installed within the church compound as a way to encourage proper waste management.

### Looking Ahead with Hope

As the Consolata Shrine and the wider Church mark this September, they do so with both urgency and hope. Urgency, because the ecological crisis demands action now. Hope, because even the smallest steps taken in faith can bear fruit in God’s plan.

The Consolata Shrine community, walking with the global Church, stands as a witness that ecological justice is Gospel justice. By planting trees, reducing waste, and praying for creation, the parish is helping lead Kenya towards a future that is both sustainable and rooted in faith.

As Pope Francis reminds us in *Laudato Si’*: “*Let us sing as we go. May our struggles and our concern for this planet never take away the joy of our hope.*” 

# Consolata Shrine Parish Survey Strategic Plan 2025–2030

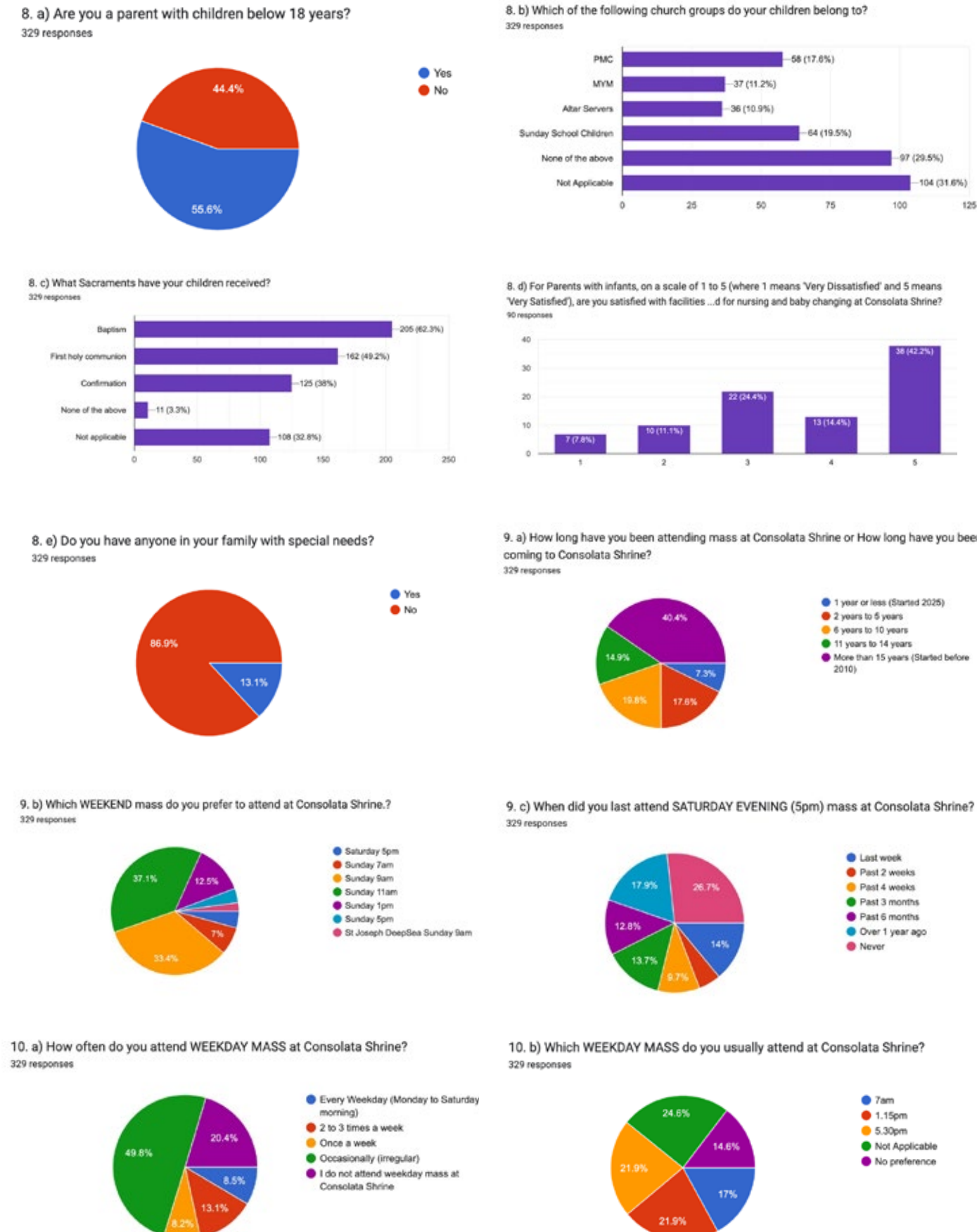
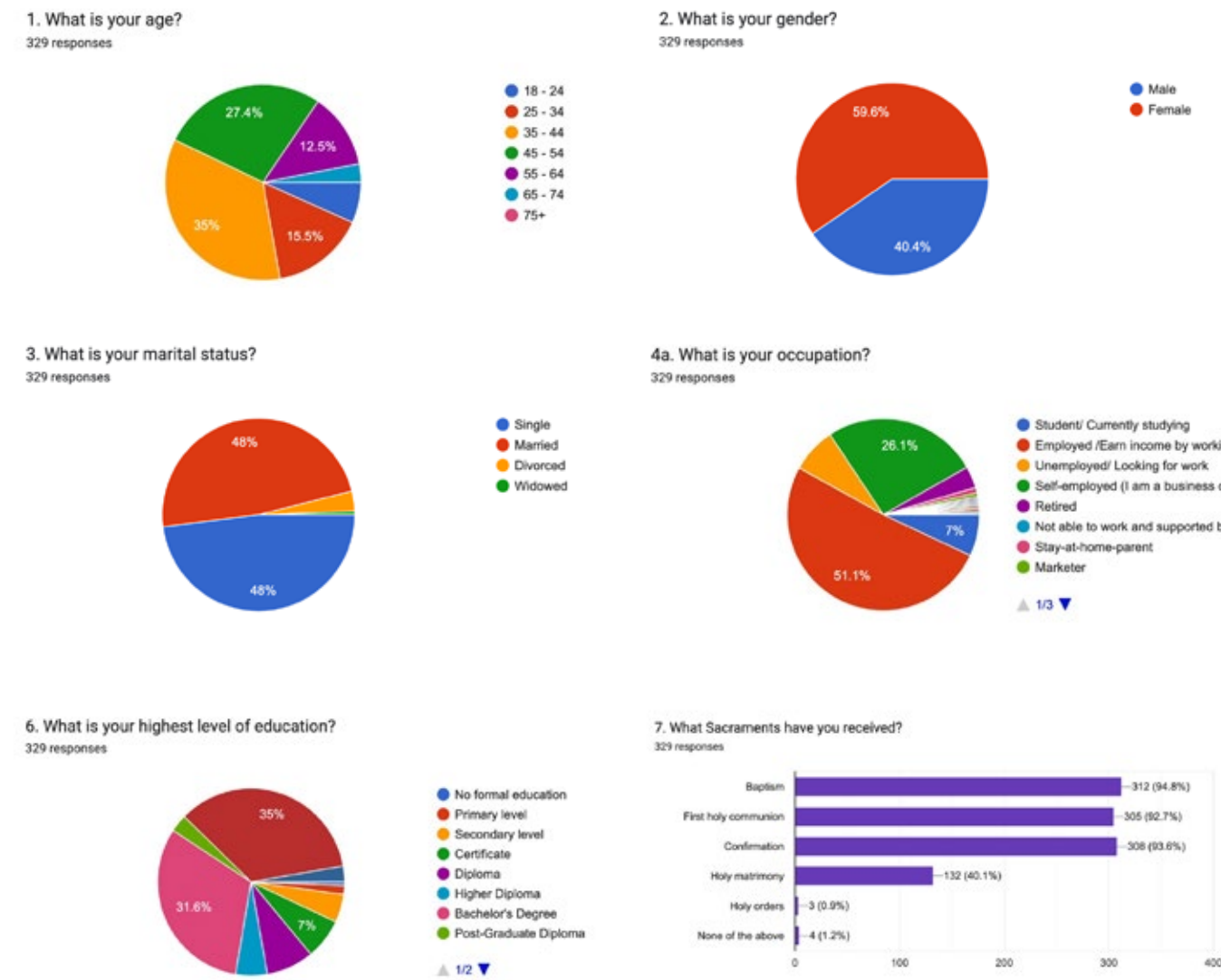
## Introduction

In June 2025, Consolata Shrine Parish conducted a parish-wide survey as part of the preparatory process for developing the 2025–2030 Strategic Plan. This important exercise was aimed at gathering insights from parishioners to help shape the vision, priorities, and programs of the parish for the next five years.

The survey was facilitated by the **Professional Group**, working in close collaboration with the **Pastoral Team** and the **Parish Executive Committee**.

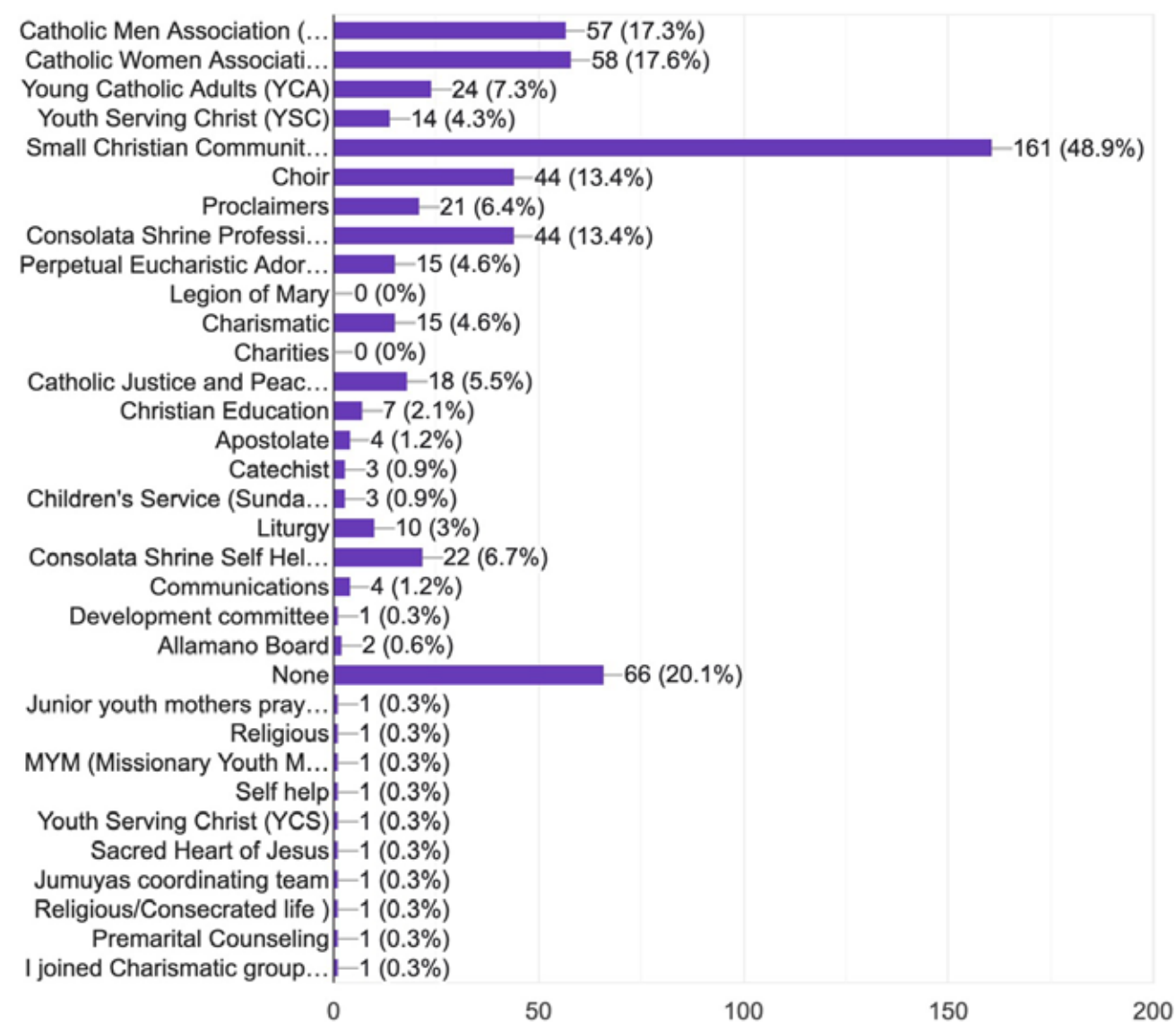
The **Pastoral Team** and the **Parish Council** extend their sincere gratitude to all parishioners who participated in the survey. Your feedback is invaluable and will play a crucial role in informing the direction, planning, and priorities of Consolata Shrine Parish in the coming years.

## Parish Survey – Results from Questionnaire



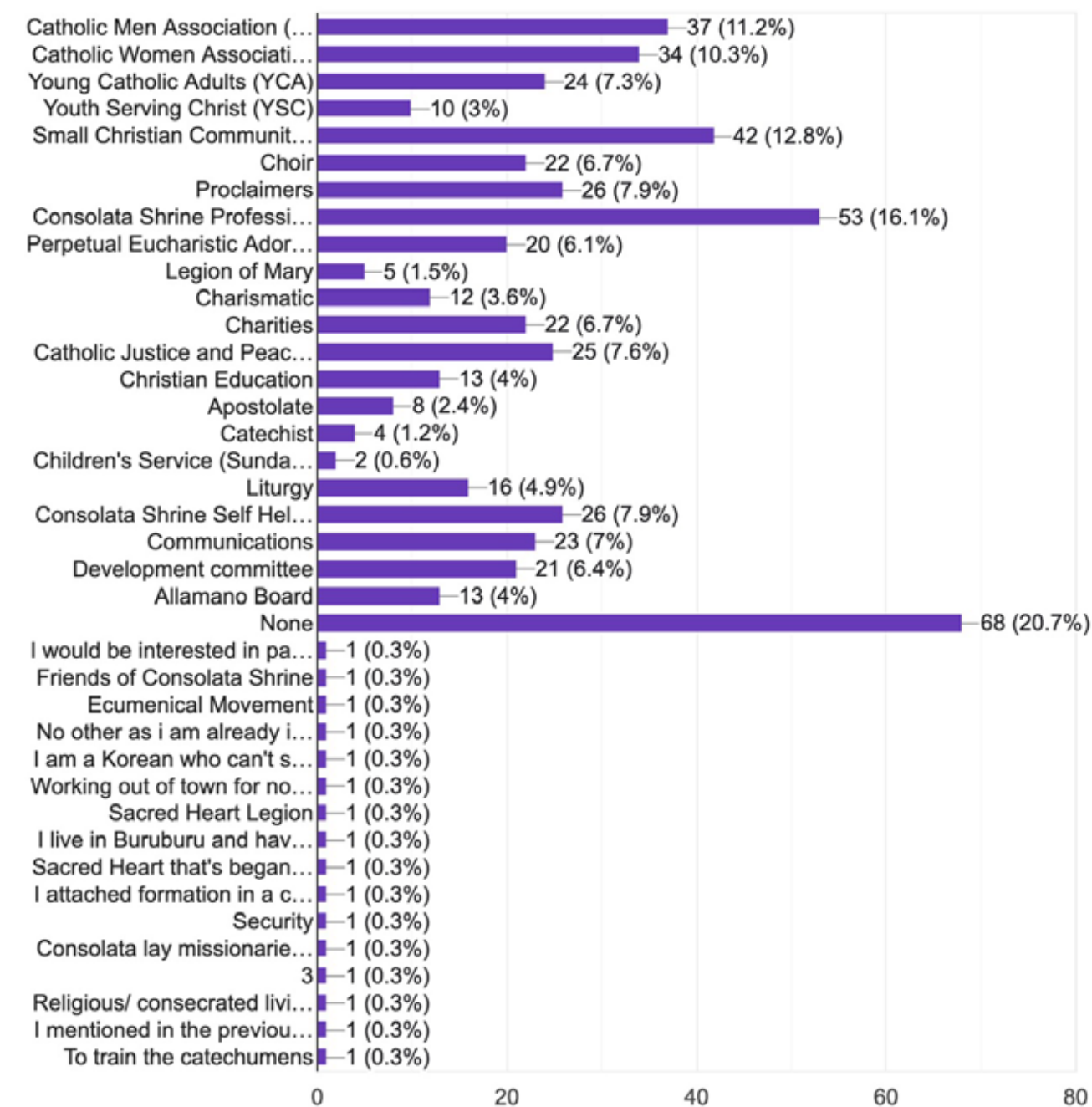
# 11. a) Which of the following groups do you belong to at Consolata Shrine?

329 responses



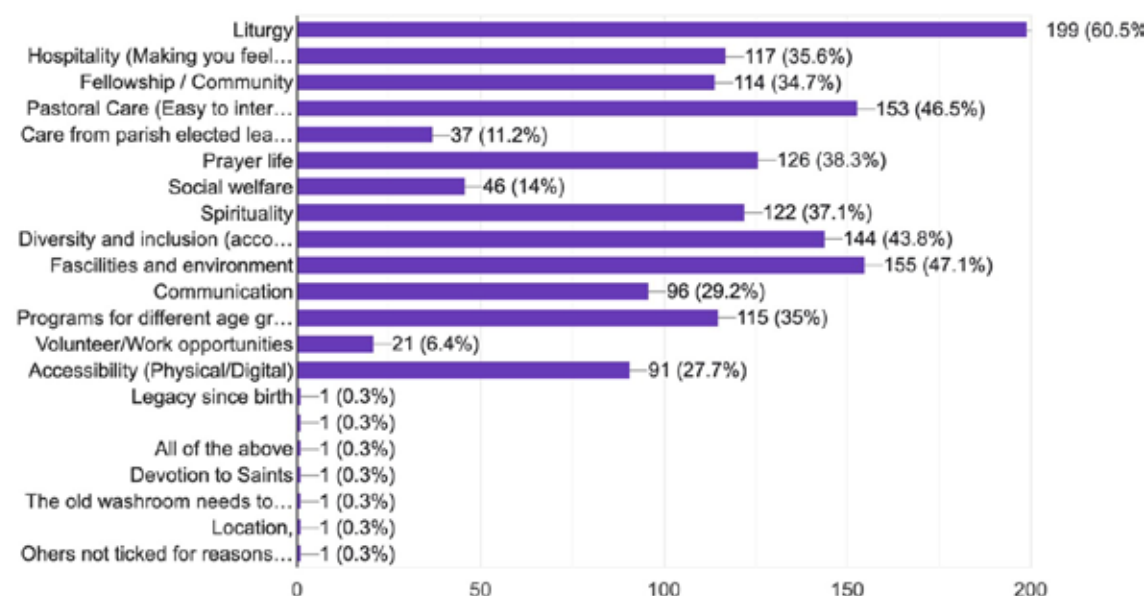
# 11. b) Which of the following groups would you like to join at Consolata Shrine?

329 responses



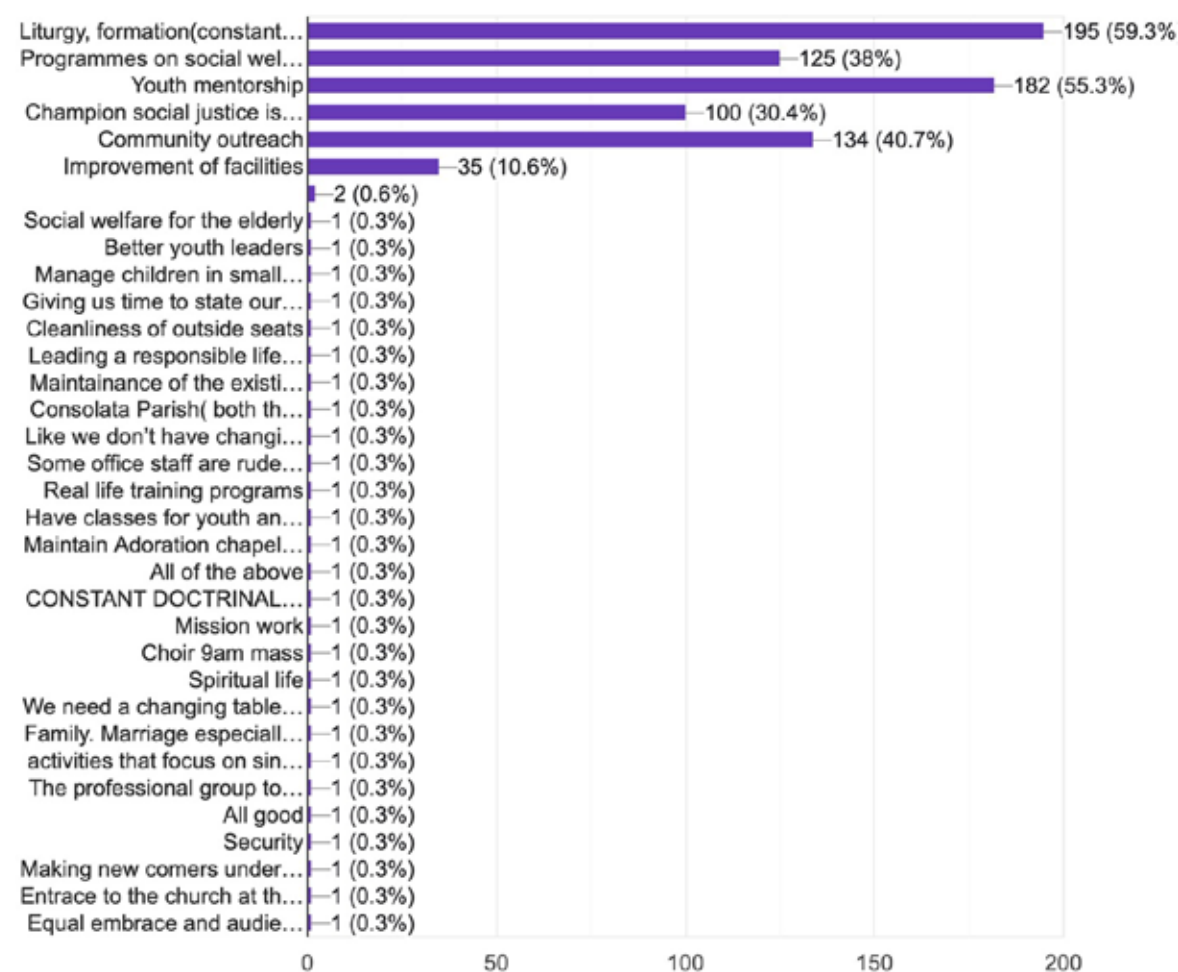
12. a) Which of the below attributes do you feel is the strength of Consolata Shrine?

329 responses



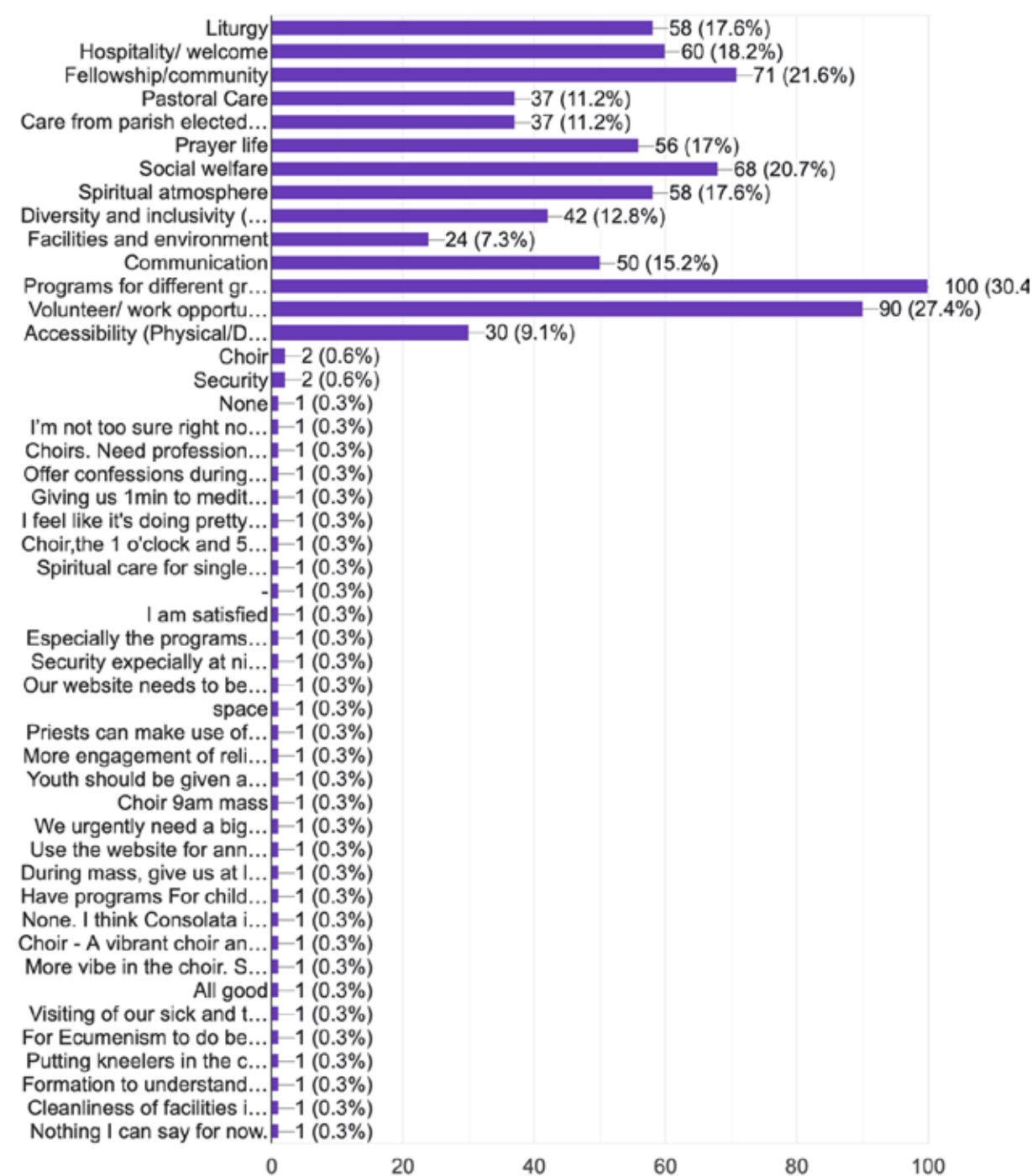
12. b) What are the most important issues that Consolata should focus on at the moment?

329 responses



12. c) What areas do you feel need improvement at Consolata Shrine?

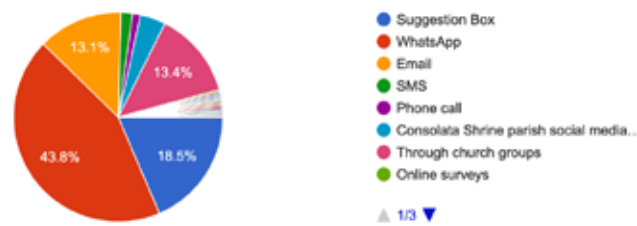
329 responses



13. a) What is your preferred platform to receive communication from Consolata Shrine?  
329 responses



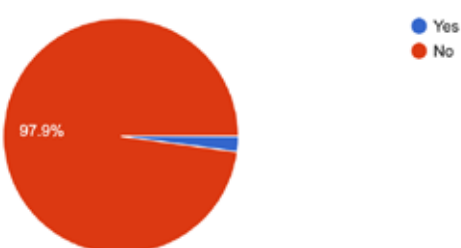
13. b) Given an opportunity to share feedback that would assist church decision making at Consolata Shrine parish, What is your preferred way to give this feedback?  
329 responses



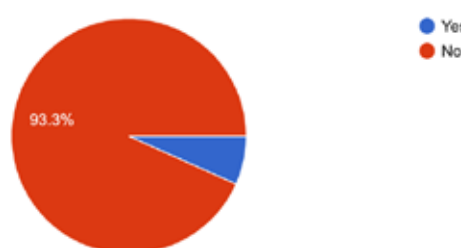
14. Which of the statements below best describes how you tithe.  
329 responses



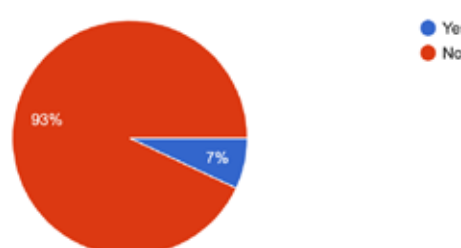
16a. Are you a person living with disabilities?  
329 responses



16b. Do you stay with a person living with disabilities?  
329 responses



16c. Do you stay with an elderly person who requires additional or specialised care?  
329 responses





**PMC MOTTO**  
**"Children Helping Children"**



**OUR AIM**  
Is to foster Christian faith and Missionary formation of children and to help them take their responsibility in the church as missionaries.



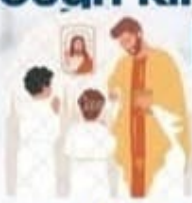
**OUR MAIN OBJECTIVE**  
Is to teach the Catholic faith to all children and to safeguard their rights promoting their well-being.



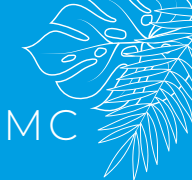
**PMC PRAYER**  
Lord Jesus, we pray that all children may come to know you and believe in your love for them. Help us through kind words and good deeds to spread **YOUR LOVE** to the whole world Amen.



**THE INVOCATION PRAYER**  
Blessed Virgin Mary pray for us and all children of the world, especially those with different types of needs. Amen







## TEN GOLDEN RULES FOR MISSIONARY

1. A missionary child knows Jesus, loves what Jesus tells him/her and is not ashamed to speak about Jesus.
2. Recognizes and sees every human person as a brother and a sister.
3. Prays to God the Father every day for all children of the world.
4. Missionary child says please to request and thanks when he/she receives from others.
5. A missionary child is happy to give and grateful to receive from others.
6. Is happy in the missionary work.
7. Missionary child knows that human life is precious and sacred and should be respected.
8. A missionary child knows how to make sacrifices even if it is hard.
9. A missionary child uses decent language at all times.
10. A missionary child looks for every way to do works of charity for others.



## October Saints and Feast Days Word Search

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| L | K | T | Z | J | Y | Y | M | J | Q | A | V | I | L | A | Y |
| U | F | R | A | N | C | I | S | E | U | R | L | F | H | N | S |
| A | D | Y | V | P | X | C | W | S | L | D | N | V | O | U | T |
| P | D | I | R | X | L | A | T | E | U | T | E | H | T | B | N |
| N | T | H | G | W | M | P | K | R | A | T | T | S | B | S | H |
| H | B | L | J | N | R | I | M | E | P | N | I | F | L | Y | O |
| O | Z | R | B | R | A | S | R | H | A | L | M | E | L | L | J |
| J | B | O | U | N | M | T | J | T | L | K | G | T | L | M | L |
| B | T | S | P | N | L | R | I | A | J | N | V | R | H | L | U |
| K | N | A | Q | N | O | A | C | U | A | G | Z | N | G | M | K |
| T | J | R | B | T | N | N | T | F | S | I | M | O | N | L | E |
| W | L | Y | M | L | Y | O | P | G | C | K | B | D | D | F | C |

\*Directions: Search only for the parts of the saints names or feast days that are in bold print.

St. **Therese** of the Child  
Jesus  
Guardian Angels  
St. **Francis** of Assisi  
St. Bruno  
Our Lady of the Rosary  
St. John XXIII

St. Callistus I  
St. **Teresa** of Avila  
St. Ignatius of Antioch  
St. Luke  
St. Paul of the Cross  
St. John Paul II

St. John of Capistrano  
St. Anthony Claret  
St. Simon  
St. Jude



Word Search and Mary Art Work. © 2024 RealLifeAtHome.com

Sacraments for the Months of July and August 2025

- A. Baptism – 74
- B. Weddings;



1). Celestine Mausi And Grivin Isindu  
3). Brian Mathenge And Brenda Atieno  
4). Andrew Brian Mungai And Grace Kimunya



2). David Otieno And Diana Mwikali

C. Deceased of our Parish

- Augustino Obuon
- Agatha Nyambura Maitai
- Benedict Keingati
- Mrs. Lucy Chege
- Pauline Anne Wambui Mbayah



| SEPTEMBER                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| THE HOLY FATHER'S INTENTION- For our relationship with all creation: That, inspired by St Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.      |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Sun 21                                                                                                                                                                                                                  | 25 <sup>th</sup> SUNDAY IN ORDINARY TIME<br>ALL SCCs: 11am Mass<br>Professionals: Medical Camp<br>Deanery PC: Q3 Meeting, St Catherine of Siena<br>YSC: Formation Talk<br>Catechism: Formation for parents and sponsors of Infant Baptism, 2.30pm<br>Divine Mercy Group: Formation, 2pm                                                                                                                                                               |
| Tue 23                                                                                                                                                                                                                  | St Pius of Pietrelcina, Priest, <i>Memorial</i><br>St Padre Pio SSC: Feast Day                                                                                                                                                                                                                                                                                                                                                                        |
| Thu 25                                                                                                                                                                                                                  | Proclaimers: Formation Session/Talk                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Fri 26                                                                                                                                                                                                                  | Proclaimers: Prayer Day                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Sat 27                                                                                                                                                                                                                  | St Vincent de Paul, <i>Memorial</i><br>ARCHDIOCESE YSC: Zonal Sports Day<br>Ongoing formation for children who have received First Holy Communion in 2023 and 2024<br>Infant baptism 2.30pm<br>Professionals Group: Clinic<br>ARCHDIOCESE YSC: Zonal Festivals<br>SSCs: Executive Retreat, Bible on the Ground, Nanyuki (26 <sup>th</sup> – 28 <sup>th</sup> October)<br><a href="#">ANIMATION OF THE HOLY ROSARY BY OUR LADY OF MOUNT CARMEL SCC</a> |
| Sun 28                                                                                                                                                                                                                  | 26 <sup>th</sup> SUNDAY IN ORDINARY TIME<br>Youth Mass 9.00am<br>CWA: Meeting 9am, followed by 11am Mass<br>Mama wa Amani: Praesidium Function<br>Professionals Group: Clinic                                                                                                                                                                                                                                                                         |
| Tue 30                                                                                                                                                                                                                  | St Jerome, Priest and Doctor, <i>Memorial</i><br>Proclaimers: Feast of Patron St Jerome, Mass                                                                                                                                                                                                                                                                                                                                                         |
| OCTOBER – MISSIONARY MONTH                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| THE HOLY FATHER'S INTENTION- For collaboration between different religious traditions: That believers in different religious traditions might work together to defend and promote peace, justice, and human fraternity. |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Wed 1                                                                                                                                                                                                                   | St Therese of the Child Jesus, Virgin, Doctor, <i>Memorial</i><br>St Theresa of the Child Jesus SCC: Feast Day                                                                                                                                                                                                                                                                                                                                        |
| Thu 2                                                                                                                                                                                                                   | SCCs: JCT Meeting                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Fri 3                                                                                                                                                                                                                   | FIRST FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Sat 4                                                                                                                                                                                                                   | NATIONAL PRAYER DAY, VILLAGE OF MARY, SUBUKIA SHRINE<br>St Francis of Assisi, <i>Memorial</i><br>St Francis SCC: Feast Day<br>Catechism: First Holy Communion & Confirmation Candidates Missionary Trip (Children's Home)<br>CJPD: Meeting; Trip to Isiolo (4th - 5th Oct); Conclusion of the Season of Creation<br><a href="#">ANIMATION OF THE HOLY ROSARY BY ST. JOSEMARIA ESCRIVA SCC</a>                                                         |
| Sun 5                                                                                                                                                                                                                   | 27 <sup>th</sup> SUNDAY ORDINARY TIME<br>Children's Mass, 9am<br>Christian Education Committee: Teaching on Church Doctrine, 9.30am<br>PEA: Recitation of the Holy Rosary before the Blessed Sacrament after 1pm Mass                                                                                                                                                                                                                                 |
| Tue 7                                                                                                                                                                                                                   | Our Lady of the Rosary, Feast. Candle Lit Rosary Procession after the evening Mass<br><a href="#">ANIMATION OF THE HOLY ROSARY BY THE PROCLAIMERS</a>                                                                                                                                                                                                                                                                                                 |
| Fri 10                                                                                                                                                                                                                  | Proclaimers: Day of Reflection, Bible on the Ground, Nanyuki                                                                                                                                                                                                                                                                                                                                                                                          |
| Sat 11                                                                                                                                                                                                                  | St John XXIII, Pope, <i>Memorial</i><br>YSC: Visit to the Regional House<br>YSC Deanery: Planning meeting, St Raphael Parish, Kabete<br>CMA: Beacon Boys Character Club activities (2pm to 4pm)<br>Catechism: Adult Catechumens Missionary Trip<br>CLM: Charity – Consolata Seminary<br><a href="#">ANIMATION OF THE HOLY ROSARY BY ST. BAKHITA SCC</a>                                                                                               |
| Sun 12                                                                                                                                                                                                                  | 28 <sup>th</sup> SUNDAY IN ORDINARY TIME<br>ARCHDIOCESE Catechists: Retreat, (12 <sup>th</sup> –17 <sup>th</sup> )<br>CMA: Meeting at 11am followed at 1pm Mass<br>St J CWA: Visit to Mji wa Huruma<br>Professionals Group: Meeting<br>ARCHDIOCESE ECUMENISM: Mixed Married Couples Dinner<br>SCCs: Healing Ministry Seminar, St Joseph's Chapel                                                                                                      |
| Mon 13                                                                                                                                                                                                                  | SCC OLOF: Commemoration of 6 <sup>th</sup> Apparition of Our Lady of Fatima. Candle lit Rosary after the evening Mass                                                                                                                                                                                                                                                                                                                                 |

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| Wed 15                                                                                                                                                                                                                          | Saint Teresa of Avila, Virgin, Doctor, <i>Memorial</i><br>Professionals Group: Virtual Talk<br>Charities: Meeting, 12 Noon                                                                                                                                                                                                                                                                                                             |
| Fri 17                                                                                                                                                                                                                          | YCA: Intercounty trip to the Coast (17 <sup>th</sup> – 20 <sup>th</sup> October)                                                                                                                                                                                                                                                                                                                                                       |
| Sat 18                                                                                                                                                                                                                          | St Luke, Evangelist, <i>Feast</i>                                                                                                                                                                                                                                                                                                                                                                                                      |
|                                                                                                                                                                                                                                 | KABETE DEANERY FAMILY DAY, St Mary's Msongari,                                                                                                                                                                                                                                                                                                                                                                                         |
|                                                                                                                                                                                                                                 | ANIMATION OF THE HOLY ROSARY BY BLESSED IRENE STEFANI NYAATHA SCC                                                                                                                                                                                                                                                                                                                                                                      |
| Sun 19                                                                                                                                                                                                                          | 29 <sup>TH</sup> SUNDAY ORDINARY TIME,<br>WORLD MISSION SUNDAY<br>ALL SCCs: 11am Mass<br>Catechism: Formation for parents and sponsors of Infant Baptism, 2.30pm<br>YSC: Formation Talk<br>St J YSC: Cleanup of the church<br>Divine Mercy Group: Formation, 2pm<br>CCSHG: 9am Mass and Management<br>ALL SCCs: Seminar, Consolata Shrine                                                                                              |
| Mon 20                                                                                                                                                                                                                          | <b>Mashujaa Day Holiday</b> , Public Holiday, Mass at 7am and 5.30pm<br>YOUTH NATIONAL: Planning and Construction meeting                                                                                                                                                                                                                                                                                                              |
| Wed 22                                                                                                                                                                                                                          | St John Paul II, Pope, <i>Memorial</i><br>St John Paul II SCC: Feast Day, participation at 5.30pm Mass                                                                                                                                                                                                                                                                                                                                 |
| Sat 25                                                                                                                                                                                                                          | PMC Deanery: Conclusion of the Missionary Rosary, St Raphael, Kabete<br>ARCHDIOCESE YSC: Festivals, Holy Family Basilica<br>ARCHDIOCESE CPJD: Plenary Meeting (Exec), Cardinal Otunga Plaza<br>Divine Mercy Group: Beginning of the Novena to St Faustina, (25 <sup>th</sup> Sept – 4 <sup>th</sup> Oct)<br>Infant Baptism, 230pm<br><br>ANIMATION OF THE HOLY ROSARY BY ST. JOSEPH ALLAMANO SCC                                       |
| Sun 26                                                                                                                                                                                                                          | 30 <sup>th</sup> SUNDAY IN ORDINARY TIME<br>WORLD PRIESTS DAY<br>Youth Mass, 9am<br>Catechism: Meeting for parents of candidates of First Holy Communion, 230pm<br>CWA: Harvest Day, Langata Women's Prison<br>St Joseph's Chapel Community: Charity Day<br>St John Paul II SCC: Celebration of Feast Day<br>St, Charbel SCC: Charity Event<br>ALL SCCs: Seminar, St Joseph's Chapel<br>Charities: Visit to an organisation of Charity |
| Tue 28                                                                                                                                                                                                                          | <b>Saints Simon and Jude, Martyrs, Apostles</b> ,<br>St Jude SCC: Celebration of Feast Day, <i>Feast</i>                                                                                                                                                                                                                                                                                                                               |
| Thu 30                                                                                                                                                                                                                          | Proclaimers: Formation Session/Talk                                                                                                                                                                                                                                                                                                                                                                                                    |
| Fri 31                                                                                                                                                                                                                          | Blessed Irene Stefani (Nyaatha), <i>Memorial</i><br>Blessed Irene Stefani SCC: Feast Day                                                                                                                                                                                                                                                                                                                                               |
| NOVEMBER                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| THE HOLY FATHER'S INTENTION- For the prevention of suicide: <i>That those who are struggling with suicidal thoughts might find the support, care, and love they need in their community, and be open to the beauty of life.</i> |                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Sat 1                                                                                                                                                                                                                           | ALL SAINTS, Solemnity (Holy Day of Obligation)<br>Ongoing Formation for children who received First Holy Communion 2023 and 2024<br>CMA: Retreat                                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                                                                 | ANIMATION OF THE HOLY ROSARY BY ST. JOHN PAUL II SCC                                                                                                                                                                                                                                                                                                                                                                                   |
| Sun 2                                                                                                                                                                                                                           | ALL SOULS<br>Children's Mass, 9am<br>Christian Education Committee: Teaching on Church Doctrine, 9.30am<br>PEA: Recitation of the Holy Rosary before the Blessed Sacrament after 1pm Mass<br>Mama wa Amani: Frank Duff Anniversary Mass,<br>CJPD: Meeting<br>YCA: Joint Mass and Games, St Joseph's Chapel<br>St Martin de Porres SSC: Feast Day                                                                                       |
| Tue 4                                                                                                                                                                                                                           | St Charles Borromeo, Bishop, <i>Memorial</i><br>PMC: Commissioning Formation, and preparation for Deanery Concert (4th – 7th Nov)                                                                                                                                                                                                                                                                                                      |
| Wed 5                                                                                                                                                                                                                           | Divine Mercy Group: Feast of St Faustina                                                                                                                                                                                                                                                                                                                                                                                               |
| Thu 6                                                                                                                                                                                                                           | Proclaimers: Reformation session/Talk<br>SCCs: JCT Meeting                                                                                                                                                                                                                                                                                                                                                                             |
| Fri 7                                                                                                                                                                                                                           | YSC Deanery: Night Vigil, Our Lady of the Rosary, Ridgeways                                                                                                                                                                                                                                                                                                                                                                            |
| Sat 8                                                                                                                                                                                                                           | PMC Deanery: Concert, Our Lady of the Rosary, Ridgeways<br>CMA: Beacon Boys Character Club activities – ARCHDIOCESE HIKE<br>ANIMATION OF THE HOLY ROSARY BY ST. JOSEPH DEEPSEA                                                                                                                                                                                                                                                         |

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| Sun 9  | DEDICATION TO THE LATERAN BASILICA<br>CMA: Meeting at 11am followed by 1pm Mass<br>Catechism: Meeting for Godparents and Parents of the candidates for Confirmation<br>CLM: Formation Commemoration of the IMC Departed<br>Choir: Annual General Meeting<br>Professionals Group: Meeting<br>SCCs: ICT and SCCs executive (Calendar review and preparation of 2026)<br>SCCs: Teaching Ministry Seminar, Consolata                                                                                                                           |
| Mon 10 | St Leo the Great, Pope and Doctor, <i>Memorial</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Tue 11 | St Martin of Tours, Bishop, <i>Memorial</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Wed 12 | Saint Josephat Bishop, Martyr, <i>Memorial</i><br>MYM: Formation, (11 – 14 November)<br>SCCs: Teaching Ministry Seminar, St Joseph's Chapel                                                                                                                                                                                                                                                                                                                                                                                                |
| Fri 14 | YSC: Camp (14 <sup>th</sup> – 16 <sup>th</sup> November)<br>St J CMA: Thanksgiving Mass, St Joseph's Chapel Deepsea                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Sat 15 | ARCHDIOCESE CMA: Final Festivals<br>ARCHDIOCESE YSC: Annual Mass<br>PEA: Annual Adorers Recollection, 9.30am to 3.30pm<br>Catechism: Recollection for First Holy Communion Candidates<br><br>ANIMATION OF THE HOLY ROSARY BY ST ANTHONY OF PADUA SCC                                                                                                                                                                                                                                                                                       |
| Sun 16 | 33 <sup>rd</sup> SUNDAY IN ORDINARY TIME<br>ALL SCCs: 11am Mass<br>Catechism: Formation for parents and sponsors of Infant Baptism, 2.30pm<br>YSC: Formation Talk<br>Charismatics: Prayer Group Retreat<br>St Dominic SCC: Charity Day, Kariobangi Nyumba ya Wazee<br>Divine Mercy Group: Formation<br>CCSHG: 9am Mass and Management meeting<br>Charities Committee: Meeting, Noon – 1.30pm                                                                                                                                               |
| Tue 18 | Dedication of the Basilicas of the Sts Peter and Paul, Apostles<br>PMC (12 - 14 yrs) Formation, 18 <sup>th</sup> - 21 <sup>st</sup> Nov (Preparation for Transition of Role Models and MYM)                                                                                                                                                                                                                                                                                                                                                |
| Wed 19 | Professionals Group: Virtual Talk<br>Charities: Meeting, 12 Noon                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Fri 21 | The Presentation of the Blessed Virgin Mary, <i>Memorial</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Sat 22 | St Cecilia, Virgin, Martyr, <i>Memorial</i><br>Choirs: Feast Day<br>Catechism: Spiritual Preparation/Confessions and rehearsals for First Holy Communion Candidates, 8.30am -11am<br>MYM Deanery: Animators Planning and Evaluation, St Austin's, Msongari<br>Infant Baptism, 2.30pm<br>Deanery CWA: Council meeting, Consolata Shrine<br>Deanery YSC: Planning meeting, Holy Trinity, Kileleshwa<br>Deanery YCA: End of Year Party<br>SCCs: Jumuiya's Family Day<br><br>ANIMATION OF THE HOLY ROSARY BY ST. TERESA OF THE CHILD JESUS SCC |
| Sun 23 | CHRIST THE KING, Solemnity<br>CELEBRATION OF BAPTISM, RECEPTION AND FIRST HOLY COMMUNION, 2.30pm<br>CWA Parish Retreat, Resurrection Garden,                                                                                                                                                                                                                                                                                                                                                                                               |
| Mon 24 | St Andrew Dung Lac, Priest and Companions, Martyrs, <i>Memorial</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Tue 25 | St Catherine of Alexandria, Virgin and Martyr, <i>Memorial</i><br>YOUTH NATIONAL: Convention (25 – 30 Nov)<br>PMC: Preparation for the Christmas Concert (26 – 29 Nov)<br>Sts Peter and Paul SCC: Thanksgiving Mass                                                                                                                                                                                                                                                                                                                        |
| Thu 27 | ARCHDIOCESE Altar Servers Mass, Queen of Apostles, Ruaraka<br>Proclaimers: Formation Session / Talk                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Fri 28 | ARCHDIOCESE Couples Dinner, St Peter the Rock, Kinoo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Sat 29 | Catechism: Recollection for Confirmation Candidates<br>PMC ANIMATORS: Deanery AGM and End of year Party, St Austin's Parish, Msongari<br>ARCHDIOCESE CPJD: Annual Thanksgiving Mass,<br>Proclaimers: Deanery Workshop/End of Year Party<br>St Paul SCC II: Praying and Bonding<br><br>ANIMATION OF THE HOLY ROSARY BY THE PROFESSIONAL GROUPS                                                                                                                                                                                              |
| Sun 30 | 1 <sup>ST</sup> SUNDAY OF ADVENT<br>Youth Mass, 9am<br>Deanery PC: Q4 Meeting, Holy Trinity, Kileleshwa<br>MYM: Meeting, (11am - 1pm)<br>CWA: Meeting at 9am, followed by 11am Mass<br>Catechism: Adult Catechumens, Rite of Acceptance, 1pm Mass<br>Professional Groups: Clinic                                                                                                                                                                                                                                                           |



# JUBILEE 2025

## CALENDAR OF MAJOR EVENTS

### SEPTEMBER 2025

**15 September**

Jubilee of Consolation

**20 September**

Jubilee of Justice

**26-28 September**

Jubilee of Catechists

### OCTOBER 2025

**4-5 October**

Jubilee of the Missions

**4-5 October**

Jubilee of Migrants

**8-9 October**

Jubilee of Consecrated Life

**11-12 October**

Jubilee of Marian Spirituality

**31 October - 2 November**

Jubilee of the World of Education



### NOVEMBER 2025

**16 November**

Jubilee of the Poor

**22-23 November**

Jubilee of Choirs

## Jubilee Prayer

**Father in heaven,**

May the faith you have given us in your son, Jesus Christ, our brother, and the flame of **charity** enkindled in our hearts by the Holy Spirit, reawaken in us the blessed **hope** for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, **Pilgrims of Hope**, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever.

Amen.