



**CONSOLATA SHRINE**  
**FEAST OF BLESSED JOSEPH ALLAMANO**  
**11<sup>th</sup> February 2018**



*The Spirit of the Lord has been given to me, for he has anointed me. He has sent me to bring the good news to the poor.*

**FIRST READING**

**Isaiah 42:1-7**

*He does not cry or make his voice heard in the streets.*

**A reading from the Prophet Isaiah**

Thus says the Lord: here is my servant whom I uphold, my chosen one in whom my soul delights. I have endowed him with my spirit that he may bring true justice to the nations. He does not cry out or shout aloud, or make his voice heard in the streets. He does not break the crushed reed, nor quench the wavering flame. Faithfully he brings true justice; he will neither waver, nor be crushed until true justice is established on earth, for the islands are awaiting his law. Thus says God, Yahweh, he who created the heavens and spread them out, who gave shape to the earth and what comes from it, who gave breath to its people and life to the creatures that move in it: I, Yahweh, have called you to serve the cause of right; I have taken you by the hand and formed you; I have appointed you as a covenant of the people and Light of the nations, to open the eyes of the blind, to free captives from prison, and those who live in the darkness from the dungeon.

**RESPONSORIAL PSALM:**

**RESPONSE: *Proclaim the wonders of the Lord among all the peoples.***

O sing a new song to the Lord,  
sing to the Lord all the earth.

O sing to the Lord, bless his name. **(R)**

Proclaim his help day by day,  
tell among the nations his glory  
and his wonders among all the peoples. **(R)**

Give the Lord, you families of peoples,  
give the Lord glory and power,  
give the Lord the glory of his name. **(R)**

Proclaim to the nations: 'God is king.'  
The world he made firm in its place;  
he will judge the peoples in fairness. **(R)**



**SECOND READING**

**Corinthians 9:16-19; 22b-27**

*I have made myself the slave of everyone so as to win as many as I could*

**A reading from the first letter of St. Paul to the Corinthians**

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessing. All the runners at the stadium are trying to win, but only one of them gets the prize. You must run in the same way, meaning to win. All the fighters at the games go into strict training; they do this to win a wreath that will wither away, but we do it for a wreath that will never wither. That is how I run, intent on winning; that is how I fight, not beating the air. I treat my body hard and make it obey me, for, having been an announcer myself, I should not want to be disqualified.

**Alleluia**

*Go and make disciples of all the nations, Says the Lord; And know that I am with you always; Yes, to the end of time.*

**Alleluia**



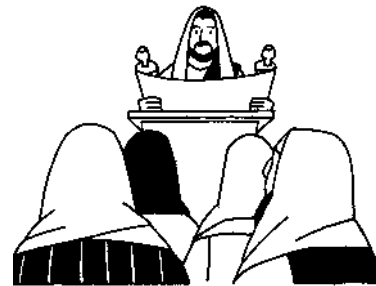
**GOSPEL**

**Luke 4:16-21**

*"He sent me to bring the Good News to the poor."*

**A reading from the Holy Gospel according to Luke**

Jesus came to Nazareth, where he had been brought up, and went into the synagogue on the Sabbath day as he usually did. He stood up to read, and they handed him the scroll of the prophet Isaiah. Unrolling the scroll he found the place where it is written: 'The spirit of the Lord has been given to me, for he has anointed me. He has sent me to bring the good news to the poor, to proclaim liberty to the captives and to the blind new sight, to set the downtrodden free, to proclaim the Lord's year of favour.' He then rolled up the scroll, gave it back to the assistant and sat down. And all eyes in the



synagogue were fixed on him. Then he began to speak to them, 'This text is being fulfilled today even as you listen.'

### **Reflection: First Saints and then Missionaries.**

You are here to become Consolata Missionary. You cannot accomplish this unless you live and work to achieve the goal of the Congregation: the sanctification of our members and the conversion of people. And something I tell you over and over: souls are saved through holiness. It is impossible to make others good when we are not good ourselves. No one gives what he does not have. We can administer a sacrament without being holy but convert a person – no. If an individual is not closely united to God in Charity, God will not ordinary allow him to touch the hearts of others – this would be asking for a miracle. Believe me, unless you yourself are aflame you cannot kindle a fire. If you do not possess the fire of charity you cannot spread it to others. You must never neglect your own union with God or sacrifice your own holiness for the sake of others. Anyone who says, “I am here to become a missionary and that is all” is making a mistake. No, that is not all! We cannot transpose the two phrases; first we become saints and then we convert others. Missionaries, yes – but saints as well. Let each one reflect on the obligation he assumed when he entered the Congregation; think of the voice of God calling him to become a saint. Every day at Communion or when you visit the Blessed Sacrament renew your determination and say to yourself; I want to become a saint, I want to become a great saint, I want to become a saint immediately. I can do it, I ought to do it, I will to do it. Therefore, first saints and then missionaries.

#### **Prayer**

God our Father, We thank you for having numbered Joseph Allamano among the Blessed of the Church. He has made your fatherly tenderness shine among us; he has honoured Mary Consolata as a Mother full of love and an inspiration of the Mission among the Peoples. We now request you to give to the Church the joy of venerating Him among the saints as an exemplary witness of announcing Jesus and his Gospel. We humbly implore you through his intercession to grant us what our heart requests you with confidence. **Through Christ our Lord. Amen.**

#### **PRAYER FOR THE ALLAMANO CENTRE**

I lift up my eyes to the mountains: from where shall come my help? My help shall come from the Lord who made heaven and earth. (Ps 121:1) All-powerful and all-merciful father, you have created all things through your Son and have made him the unshakable foundation of your kingdom. Through the gift of your eternal wisdom, grant that the undertaking we begin today for your glory and the benefit of the Parish may progress day by day to its successful completion. May the Allamano Centre be the expression of our faith and of our missionary zeal to reach more people and in a better way. We ask this through Christ our Lord. Amen. Our Lady Consolata, pray for us! Blessed Joseph Allamano, pray for Us!

### **ANNOUNCEMENTS**

1. The Celebration to mark the World Day of the Sick will be held this afternoon at 3.00pm. All parishioners are invited to bring the sick and elderly to receive the Anointing of the Sick.
2. The Lenten season will start with Ash Wednesday on 14th February. Blessed Ashes will be imposed at all masses as follows: 7am, 10am, 1.15pm, 3pm and 6pm. It is a day of abstinence and fasting.
3. Every Friday of Lent is a day of abstinence. There will be a Way of the Cross at 2pm and 4pm in the prayer Garden and after the 5.30pm Mass in the church.
4. Our Charity Golf Tournament to raise funds for Allamano-Centre is just round the corner. It will be on coming Friday 16th February at Muthaiga Golf Club. The Entrance fee is Kshs. 2,500. Cards are available at the desk outside the church and in the Parish Office.
5. The registration for the pilgrimage to Holy Land is still ongoing. For more details, visit the desk outside or the Parish Office.
6. The Construction of the ALLAMANO CENTRE to build a new block of pastoral offices, hall and parking is on-going as you can see and even visit. The normal collections and pledges are on-going. As the car stickers to support the same cause are also on sale. You can pay using the Paybill number 804877 in instalments or in full.

#### **SCHEDULE FOR MASSES:**

Monday: Jas 1:1-11; Ps 119:67-68.71-72.75-76; Mk 8:11-13

Tuesday: Jas 1:12-18; Ps 94:12-15. 18-19; Mk 8:14-21

Wednesday: Jl 2:12-18; Ps 51:3-6.12-14.17; 2 Cor 5:20- 6:2; Mt 6:1-6. 16-18

Thursday: Dt 30:15-20; Ps 1:1-4.6; Lk 9:22-25,

Friday: Is 58:1-9; Ps 51:3-6. 18-19; Mt 9:14-15

Saturday: Is 58:9c- 14; Ps 86:1-6; Lk 5:27-32

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