



# CONSOLATA SHRINE

## THE SOLEMNITY OF THE CORPUS CHRISTI



18TH JUNE 2017 - YEAR A

### FIRST READING

Deuteronomy 8:2-3.14b-16a

*"He fed you with manna, which you did not know, nor did your fathers know."*

#### A reading from the Book of Deuteronomy

Moses spoke to the people, saying, 'You shall remember all the ways which the Lord your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments, or not. And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know; that he might make you know that man does not live by bread alone, but that man lives by everything that proceeds out of the mouth of the Lord. "And you shall remember that the Lord your God, who brought you out of the land of Egypt, out of the house of bondage, who led you through the great and terrible wilderness, with its fiery serpents and scorpions and thirsty ground where there was no water, who brought you water out of the flinty rock, who fed you in the wilderness with manna which your fathers did not know."

#### *The word of the Lord*

### RESPONSORIAL PSALM

Psalm 147:12-15.19-20 (R12a)

**Response. O Jerusalem, glorify the Lord!**

O Jerusalem, glorify the Lord!

O Sion, praise your God!

He has strengthened the bars of your gates;

He has blessed your children within you. *(Response)*

He established peace on your borders;

He gives you your fill of finest wheat.

He sends out his word to the earth,  
and swiftly runs his command. *(Response)*

He reveals his word to Jacob;

to Israel, his decrees and judgments.

He has not dealt thus with other nations;

He has not taught them his judgments. *(Response)*



### SECOND READING

1 Corinthians 10:16-17

*"Because there is one bread, we who are many are one body."*

#### A reading from the first Letter of Saint Paul to the Corinthians

Brethren: The cup of blessing which we bless, is it not a participation in the blood of

Christ? The bread which we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.

***The word of the Lord***



**Alleluia**

I am the living bread which came down from heaven, says the Lord; if any one eats this bread he will live for ever

**Alleluia**



**GOSPEL**

**John 6:51-58**

***“My flesh is food indeed, and my blood is drink indeed.”***

**A reading from the holy Gospel according to John**



**A**t that time: Jesus said to the crowds of the Jews, “I am the living bread which came down from heaven; if any one eats of this bread, he will live forever; and the bread which I shall give for the life of the world is my flesh.” The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is food indeed, and my blood is drink indeed. He who eats my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so he who eats me will live because of me. This is the

bread which came down from heaven, not such as the fathers ate and died; he who eats this bread will live forever.”

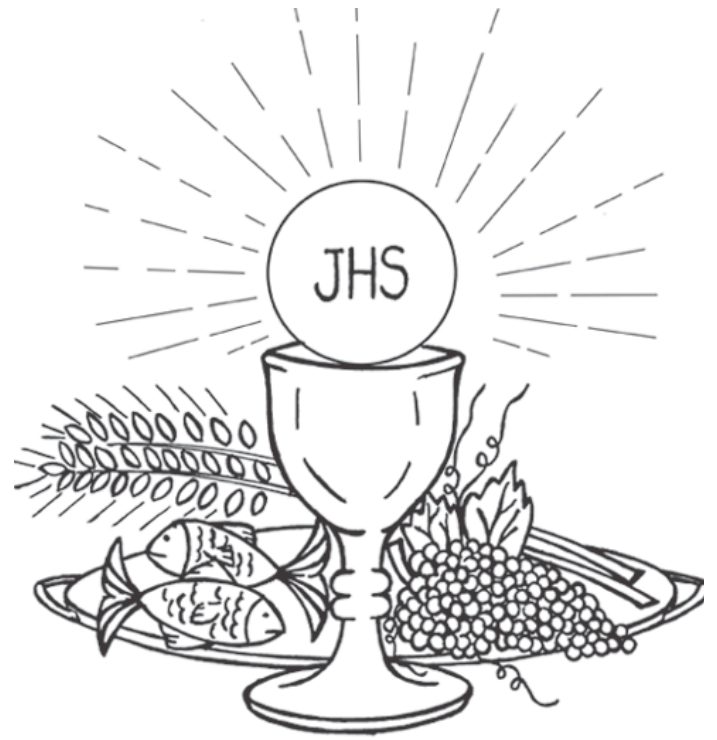
***The Gospel of the Lord***

**REFLECTION**

**by Scott Hahn, Ph.D.**

The Solemnity of Corpus Christi. The Eucharist is given to us as a challenge and a promise. That’s how Jesus presents it in today’s Gospel. He doesn’t make it easy for those who hear Him. They are repulsed and offended at His words. Even when they begin to quarrel, He insists on describing the eating and drinking of His flesh and blood in starkly literal

terms. Four times in today's reading, Jesus uses a Greek word - trogein - that refers to a crude kind of eating, almost a gnawing or chewing (see John 6:54,56,57,58). He is testing their faith in His Word, as today's First Reading describes God testing Israel in the desert. The heavenly manna was not given to satisfy the Israelites' hunger, as Moses explains. It was given to show them that man does not live by bread alone, but by every word that comes from the mouth of God. In today's Psalm, too, we see a connection between God's Word and the bread of life. We sing of God filling us with "finest wheat" and proclaiming his Word to the world. In Jesus, "the living Father" has given us His Word come down from heaven, made



flesh for the life of the world. Yet as the Israelites grumbled in the desert, many in today's Gospel cannot accept that Word. Even many of Jesus' own followers abandon Him after this discourse (see John 6:66). But His words are Spirit and life, the words of eternal life (see John 6:63,67). In the Eucharist we are made one flesh with Christ. We have His life in us and have our life because of Him. This is what Paul means in today's Epistle when He calls the Eucharist a "participation" in Christ's body and blood. We become in this sacrament partakers of the divine nature (see 1 Peter 2:4). This is the mystery of the faith that Jesus asks us believe. And He gives us His promise: that sharing in His flesh and blood that was raised from the dead, we too will be raised up on the last day.

### ANNOUNCEMENTS

1. Today we celebrate the Solemnity of the Body and Blood of Christ. After the 12 o'clock Mass we will have a solemn procession with the blessed Eucharist.
2. The Novena of Our Lady Consolata has begun with a special reflection at all Masses. Let us come and pray through the intercession of our Patroness for our families and the whole country.
3. Next Sunday is the Solemnity of Our Lady Consolata. Special processions will take place after the 12 o'clock mass and after the evening mass with candles.
4. Perpetual Eucharistic Adorers are registering new adores at the desk outside the church. As Jesus takes care of you at all times, offer to Him just one hour per week to pray for you and for all.
5. Next Sunday, being Consolata Feast, the bookshop will offer special discount on selected titles. Come prepared.
6. The Construction of the Allamano Centre to build a new block of pastoral offices, hall and parking has begun. We kindly request you to stop by the tables at the entrances of the church and get detailed information about the project. We also invite you to give your contribution or make a pledge towards the project.
7. Last week, 4 parishioners got the 4 prizes. Two smartphones and two Generators.



New prizes are won every week! DONATE and WIN is still ongoing Consolata Shrine Raffle. Every Monday we announce the winners and tomorrow might be you. The more you participate the more chances of winning! Remember the code is \*369\*2# or M-pesa Pay Bill 804877 and Account WIN.

8. You can now make payment of tithes, offerings, masses, books, or any other need by ATM cards e.g. VISA CARD, MasterCard etc. in the Parish Office or at the Bookshop.

### PRAYER FOR THE ALLAMANO CENTRE

I lift up my eyes to the mountains: from where shall come my help? My help shall come from the Lord who made heaven and earth. (Ps 121:1)

All-powerful and all-merciful father, you have created all things through your Son and have made him the unshakable foundation of your kingdom. Through the gift of your eternal wisdom, grant that the undertaking we begin today for your glory and the benefit of the Parish may progress day by day to its successful completion. May the Allamano Centre be the expression of our faith and of our missionary zeal to reach more people and in a better way. We ask this through Christ our Lord. Amen.

Our Lady Consolata, pray for us! Blessed Joseph Allamano, pray for Us!

#### ATAT-Peace Walk on 1st July 2017

All Tribes Against Tribalism Peace Walk  
11.2km

Look for information on the boards

#### The Great Conservation Run on 25th June 2017

organized by Multi Touch International at  
Uhuru Gardens.

Look for information on the boards

#### DAILY READING

**Monday:** 2 Cor 6: 1-10; Ps 98:1-4; Mt 5:38-42

**Tuesday:** 2 Cor 8:1-9; Ps 146:2.5-9; Mt 5:43-48

**Wednesday:** 2 Cor 9:6-11; Ps 112:1-4.9; Mt 6:1-6.  
16-18

**Thursday:** 2 Cor 11:1-11; Ps 111:1-4. 7-8; Mt 6:7-15

**Friday:** Dt 7:6-11; Ps 103:1-4. 6-8. 10; 1 Jn 4:7-16;  
Mt 11:25-30

**Saturday:** Is 49: 1-6; Ps 139:1-3. 13-15; Act 13:22-26;  
Lk 1:57-66.80

#### SCHEDULES FOR MASSES:

**Sunday:** 7.30 am **Kiswahili**

9.00 am, 10.30 am, 12.00 noon  
and 5.30 pm **English**

**Saturday:** **English** 7.00 am, 9.00 am  
and 5.30 pm

**Monday to Friday:**

**English** 7:00 am and 1.15 pm,  
5.30 pm **Kiswahili**

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